

www.tibonkarate.com

#### **Tournaments & Events This Year**

October 2<sup>nd</sup>, 2022, Yuba City Fall Classic Karate Championships River Valley High School Yuba City, CA 2022SKFallClassic.myuventex.com

Black Belts Testing December 3, 2022, for our next level of new Brown belts moving up to the next Candidate level of Sho Dan Ho Black belts and to the next degree of black belt level. Prepare Now for that testing group at the Main Dojo.

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter Tournament moved to January or June 2023, Due to Covid 19 We will see if we are able to host this year's event at Lincoln High School as in the past years. Waiting for School Athletic Schedule to confirm date!

Thank you as a Small Business we Appreciate Your Support! Welcome New Students to Tibon's Goju Ryu Uchiage Kai Organization

Xaviar Orosco Tyler Rotto Giovanni Tinucci Ranveer Sing (Kaur) David Meza-Poole Joe Meza-Poole Enoch Radoc Ezra Radoc Alexander Gomez Joaquin Raya Benjamin Vu Gianna Walker-Hunt Elias Manzo Austin Dang Theresa Dang Vu Surray Summan Harsimranpreet Summan Prablyot Summan Aaron Wilkerson Aiyanna Wilkerson



**Promotion Testing!** October 29th Saturday Testing - Main Dojo White belts – Brown belts 4:00p – 6:00p Promotion Ceremony for September Test October 28th 7:45pm

Zoom Leadership Parent Booster Call Sunday October 30th 4:00-5:00pm



#### **Tibon's Goju Ryu Fighting Arts Students Fiesta Cup Internationals**



Daisy Leon wins 6ft first place trophy for Women's Kumite and first place trophy for Women's Intermediate Kata. Congratulations all! Sensei Tibon is awarded a special award from host Sensei Juan Larios. Good luck to Daisy and Luis is moving to Arizona in a few weeks, we are going to miss them!





"Tradition of Excellence"

We would like to ask you for your personal referral. We believe that our Parents and Students are our greatest source of New Students.

#### We are offering Free Tuition at the Main Yosemite St. Dojo!

We would like to introduce our "Tibon's Karate Referral Program"

For each new student who registers for our main dojo program, we will pay for One month of your tuition or One Private Lesson with

Sensei Tibon 8<sup>th</sup> Dan Goju Ryu.

That's one-month Free Tuition for each student who lists you as referring them to our program and registering as a student.

Satellite Dojo's like Stockton GymStars or Modesto GymStars if refer a student start at the Main Dojo on Yosemite St. You will be entitled to a Private Lesson for promotion testing preparation with Sensei Tibon

#### Now That's an Offer You Can't Refuse.

Help Us Grow While Introducing Your Family and Friends to the Benefits of Martial Arts Training for Children and Adults Fiesta Cup Larios Karate Garden Grove, CA Photos and Results



#### **Fiesta Cup Internationals Continued**



Results

Alison To 1<sup>st</sup> place Men and Women's Black Belt Kobudo weapons
Daisy Leon adult women's 1st place Kata 1st place 6ft. trophy Kumite
Zoe Harrison 2<sup>nd</sup> place 11 yr. old female Kata.
Lucian Abundez 2<sup>nd</sup> place boy's 13 yr. old black belt Kata.
Neython Saavedra boy's 16 yr. old Intermediate 1<sup>st</sup> place Kata, 2nd place Kobudo, 3<sup>rd</sup> place in Kumite.
Navor Gonzalez 2nd place men's novice Kumite, 3<sup>rd</sup> place men's novice Kata.
Bella Gonzalez 2nd place girls 16 yr. old novice Kata.
Eli Dominguez 3rd place boy's 5 yrs. and under beginning Kata.
Joey Carruth 3<sup>rd</sup> place boy's 17 yr. old intermediate Kumite.
Joshua Borquez 2<sup>nd</sup> place boy's 16 yr. old intermediate Kata

1st place - (4) 2nd place - (6) 3rd place - (5)

#### **Congratulations Job well Done!**

Tibon's Goju Ryu Organization Promotion Testing! Congratulations September Testing Group! Congratulations April Promotion Ranking Students! Always Prepare for your Rank Testing!



So Proud of our testing students and my Testing Staff

Tibon's Goju Ryu Karate Demo by Our Staff and Students Presentation School Fall Festival September 17th



Basics- Kata- Weapons- Brick Breaking Demonstrations by our Students from GymStars and Tibon's Main Dojo Tibon's Goju Ryu Always Support Community Programs

#### Tibon's Goju Ryu Seminars and Workshops Black Belt Testing Coming Soon in December 2022



# TRICK OR TREAT ON YOSEMITE STREET

TRICK-OR-TREATING STARTS AT 3PM. COSTUME CONTEST AT 4PM. HAUNTED MARKET OPENS EARLY. SAFE FUNFILLED EVENT!

# SATURDAY, OCTOBER 29

Yosemite Street Village in Stockton, CA between Poplar and Acacia

AWARDS FOR MOST CREATIVE, SCARIEST, CUTEST, BEST GROUP & BEST PET COSTUME!

Parent Support Team for Fundraisers for Competition Team Please Try to Support the Pizza Night Fundraiser!

### Support Your Organization! David's Pizza Presents The Family Night Fundraiser!

Thank you for participating in this fundraiser. By presenting this flyer, for lunch or dinner, David's Pizza will donate 25% of the total sales associated with each flyer to your organization.

Date: Wednesday, Oct 12, 2022 School: Karate Parent Support Team

Please note this fundraiser excludes Happy Hour, Family Specials and coupons.

Hours of Operation Monday – Thursday 11AM to 8PM Friday & Saturday 11AM to 9PM

#### **Two Locations Available:**

- Parkwoods Shopping Center (209) 477-2677
- Quail Lakes (209) 472-1011



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The Leadership Team of Black Belt and Brown Belt & Green Belt 3 Stripes are a part of Leadership Class and Booster Parents Next Leadership Zoom Call Meeting October 30<sup>th</sup>,2022 Sunday 4:00p- 5:00pm Zoom Call



Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants to the instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program instructs our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, along with the development of their people skills. They work together in the organization events to work it and making it a successful well-organized event. Our dedication to the community and Yosemite St. Village for neighborhood cleanup to demonstrations as part of our Karate Demo Team.

Once a month we have a Leadership meeting or Zoom call meeting for one-two hours depending on the training schedule. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. We have seen 100% of our Black Belts graduate from High School and 97% go on to receive their Associates, Bachelors, and/or Master's Degree.

They find that our Leadership Class has prepared them for the Management positions they may have applied for. We go beyond teaching great martial arts. During their training in Goju Ryu Karate, we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives. We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

We now have our **Booster Parents** who are helping to raise funds for athletes competing in National and International competitions in Washington and Southern and Northern California. They join the Zoom Call at 4:00pm to 5:00pm to discuss future fundraising projects and the chance at new Karate Team Sweats.

Any questions please call Sensei Gene Tibon at the main dojo at (209) 465-0943.



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#### Tokubetsu Class 1 4:00p – 5:330p and Tokubetsu Class 2 Sunday 12:00noon – 1:30pm

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team What is the purpose of Tokubetsu? The word Tokubetsu means, "ongoing development towards excellence." The purpose of the class is to create a high-level competition kumite class for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.



Sensei Adam Tibon 5<sup>th</sup> Dan Instructor

#### Students work extremely hard each weekend for the kumite development for competition at national and international level. We continue now to have many of our past Team USA Black Belts training and participating in the classes to help give our upcoming brown and black belts the opportunity to fight seasoned fighters.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the profoundly serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class are as follows: Work, school, church, family reunion, family vacation, or sick.



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#### **Tokubetsu Continued**



Sensei Brian Embry 3<sup>rd</sup> Dan

The continuation of takedowns, sweeps, timing, footwork, distancing, and combinations of various techniques continue to develop out athletes to compete with the top athletes in the state and the country.

#### Tokubetsu Class Continued



#### News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years Sensei Gene Tibon 8<sup>th</sup> Dan Sensei Adam Tibon 5<sup>th</sup> Dan Sensei Ronny Guzman 3<sup>rd</sup> Dan Sensei Brian Embry 3<sup>rd</sup> Dan Sensei Elijah Infante 2<sup>nd</sup> Dan – Sensei Francis Yang 2<sup>nd</sup> Dan-Sensei Annie Tran 1<sup>st</sup> Dan- Sensei Aaron Tran 1<sup>st</sup> Dan



Here at the main dojo on Yosemite St. we continue to develop our students in traditional Goju Ryu Uchiage Kai Karate and are now preparing for the next Black Belt Test for December 3, 2022. If you students are at their 3-stripe brown belt level and they are completed their testing requirements and class assist internship requirements, then they will be qualified for testing. Our Karate Program is starting to recover, but we are a long way from where we were before Covid 19 pandemic mandatory shutdown by the Governor. Looking forward to continuing growing our program with our students and parent referrals. Thank you for continuing you support.

We look forward to hosting our 36<sup>th</sup> Annual Tibon's Goju Ryu Winter IN HOUSE Karate Championships this in 2023 due to the sport schedule conflicts with the Lincoln Unified School District. Stay tuned for the announcement we are successful in hosting tournament next year in January or June 2023.

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell



We are losing **Jaden Contreras** to Southern California with his family taking jobs in Southern California to better their lives. What a wonderful family with Kirsten Lopez as part of our Parent Support Team for raising funds for our competition team will also be missed. Tibon's Goju Ryu will miss your whole family and wish the best for you in the future. Take Care! Sensei Tibon and Yvonne Tibon

Stockton GymStars – Celebrates 22 Years Sensei Asa Thurston Chief Instructor 3<sup>rd</sup> Dan Sensei Allison To 1<sup>st</sup> Dan



#### Message from Sensei Asa, Sensei Allison, and Senpai Cat:

Stockton GymStars is continuing to grow and improve. We have added new classes on Tuesday and Thursday, including bringing weapons classes back to GymStars! Weapons classes are open to all student's purple belt and higher. The new schedule is as follows:

[All classes are the same as the schedule currently in the newsletter with the addition of] Tuesday

6:30-7:25, 3-6-year-old white/yellow belts

#### Thursday

6:30-7:25, Beginner weapons, purple and above



#### Modesto GymStars – Celebrates 17 years Sensei Chris Inman Instructor 2<sup>nd</sup> Dan Sempai Joey Carruth Ni Kyu Brown Belt

#### Message from Sensei Chris:

Modesto GymStars is continually growing and are working to achieve pre Covid 19 numbers. We are opening two new classes on Tuesdays, beginning October 4th. A new white belt class at 4:25 and a new Orange belt class at 5:30, and classes are open for enrollment now. I am enormously proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone has dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. Students in Modesto GymStars Karate Programs are excited about the 2022 New Programs!

Thank You Sensei Christopher Inman

> Hiers Goju Ryu – Celebrates 25 years Sensei Chris Hiers Chief Instructor 4<sup>th</sup> Dan Sensei Janelle Hiers Assistant 2<sup>nd</sup> Dan Sempai Maddie Hiers Assistant 1<sup>st</sup> Dan



#### Hiers Karate School Twin Arbors Athletic Center

In the month of October, no latest news, or updates, Looking forward to 2022 Years for our students!



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#### United Bay Area Karate Club Sensei Joane Orbon Chief Instructor 3<sup>rd</sup> Dan



Dear Goju Ryu Uchiage Kai Families,

Sensei Tibon, President Western United State Goju Ryu Uchiage Kai travelled to San Jose to test Sensei Joane Orbon's students for Goju Ryu Uchiage Kai international ranking certification on **Sunday September 25<sup>th</sup>, 2022, for a successful testing group. As I watch the student's development grow with technical ability, we see many future champions in life being developed. Excellent job all!** 

UBAKC San Jose has continued to extend throughout the South Bay Area and have also opened our first satellite program at a local heritage school. We hope our reach will continue to grow as we teach karate and our mantra of Respect, Discipline, and Loyalty all throughout the Bay Area.

Have a great month!

All the best, Sensei Joane Orbon 3<sup>rd</sup> Dan Goju Ryu Uchiage Kai Chief Instructor of UBAKC San Jose



Promotion Testing at Sensei Joane Orbon's San Jose Dojo with Sensei Tibon Examiner President Western United States Goju Ryu Uchiage Kai International

#### TIBON'S GOJU RYU ARTS DOJO TIPS

#### Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. <u>Students in color belt class are required the following:</u>

- 1. Hand gear and feet gear.
- 2. Mouthpiece
- 3. Groin protection for boys
- 4. Children can purchase the new body chest plates if desire.
- 5. Shin pads and forearm pads are optional but recommended for new students.
- 6. Headgear is optional but can purchase your own.
- 7. Chest gear is optional but can purchase your own.

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have extraordinarily strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

#### **Charter School Students**

Most Charter Schools in San Joaquin accept Tibon's Goju Ryu Fighting Arts Karate For P.E. Alternative School Program Check Your Charter School to see if they will fund your Karate Lessons at Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943

We are currently working with the following:

Connecting Waters Charter School Visions in Education Charter School New Jerusalem Elementary Charter Program Pacific Charter Institute Charter Program Rio Valley Charter School St. Mary's High School P.E. Alternative Grades Lincoln High School X-Sports Program





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#### Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **Following the Governor's Mask Mandate IT HAS NOW BEEN LIFTED February 16, 2022**. We still MANDATORY HAND WASHING STATIONS at the front door before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training EACH PERSON HAS TO WEAR MASK IF HAS NOT BEEN VACINATED per CDC's GOVERNOR'S MANDATE. IF VACCINATED IT IS OPTIONAL FOR YOU TO WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG. ALL EMPLOYEES WILL WEAR A FACE MASK INDOORS. We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo. Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have Mandatory Hand Washing Stations at front door before entering dojo.
- We ask parents and students wear a face mask IF NOT VACINATED PER CDC INDOOR RULES.
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on FEBRUARY 16<sup>™</sup>, 2022.
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office

Octol	ber	Tue	Wed	Thu	Fri	Sat
Private Lessons Available- Please Book with Front Counter!	See Class Schedule in New Dojo Brochures	See Class Schedule in New Dojo Brochures	See Class Schedule in New Dojo Brochures	See Class Schedule in New Dojo Brochures	See Class Schedule in New Dojo Brochures	<b>1</b> Tokubetsu-1 4-5:30p Competition Class
2 NO Tokubetsu-2 Yuba City Karate Tournament All Tokubetsu Students should be competing at this event!	3 Happy Birthday Sensei Alyssa Santos!	4	5 Please Make Up Your Classes Early in the Month!	6	7	8 Tokubetsu-1 4-5:30p Competition Class
9 Tokubetsu-2 1:00-2:30p Competition Class	10 Columbus DOJO OPEN!	11	12 Please Make Up Your Classes Early in the Month!	13	14 Happy Birthday! Sensei Noah Helsby	15 Tokubetsu-1 4-5:30p Competition Class
16 Tokubetsu-2 1:00-2:30p Competition Class	17	18	19 Please Make Up Your Classes Early in the Month!	20	21	22 Tokubetsu-1 4-5:30p Competition Class Sr. Black Belts Coming!
23 Tokubetsu-2 1-2:30pm	24	25	26	27	28 Promotion Ceremony 7:45pm for September Testing Group	29 NoTokubetsu-1 Promotion Testing 4-6pm
<b>30</b> Zoom Leadership and Parent Booster Call 4:00-5:00pm	31 Dojo Closed! Halloween!				[	2022