



Tibon's Goju Gazette

www.tibonkarate.com

June 2022

Tournaments & Events This Year

June 15-19, 2022, Tibon's Karate & USANKF of Northern California Regional Sports Organization Camp Richardson Karate Camping Trip South Shore Lake Tahoe. Please Pay to reserve your camping spot \$55 per person.

June 30-July 3, 2022, USA National Karate Championships and USA Team Trials Spokane, WA

September 18, 2022, Sunday Fiesta Cup Larios Karate Tournament South Gate Sports Center 9520 Hildreth Ave South Gate, CA

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter Tournament moved to December 4, 2022, Due to Covid 19 We will see if we are able to host this year's event at Lincoln High School as in the past years. Waiting for School Athletic Schedule to confirm date!

Thank you as a Small Business we Appreciate Your Support!

Welcome New Students to Tibon's Goju Ryu Uchiage Kai Organization

Yoshi Quevedo Israel Lua Khalifah Muhammed
 Apollo Ente Alexander Garcia Catherine Garcia
 Josiah Carrera Ivan Minero Logan Foley Amelia Espinoza
 Jaxon Hinojos Ulises Rodriguez Gage Reveles Lena Hunter
 Zehn Hudson Lucas Canha Athena Casimiro Giselle Clarin
 Sebastian Clarin Cesar Martinez Jr. Mariana Delgado
 Francisco Acevedo-Villa Za'nieyah Mitchell Olivia Garduno
 Viviana Garduno Mayami Villalba Grandos Joshua Luke
 Sigifredo Granados Steven Granados Desani Mosley
 Devon Mosely Adam Lapointe Poppy Twigden
 Nataliah Santisteban David Meza-Poole Joe Mez-Poole
 Malcolm Campbell Joseph Macedo Zachary Rogue
 Emilio Camacho-Santos Adale Synegal Javianna Williams
 Dante Thompson Justice Estrada Elizabeth Waltz
 Daryl Allen Jr. Grace Campbell Sabrinah Castillo
 Oliver Hartz Amari Hazard Stanley Hoang Dean Shadman
 Jay Sunseri Stantley Salabao Jose Manuel Eguluz
 Joshua Manibo William "Mason" Mondijar



Promotion Testing!

June 25th Saturday Testing – Main Dojo
 White belts – Brown belts 4:00p – 6:00p
 Promotion Ceremony for May Test June 24th 7:45pm

Zoom Leadership Parent Booster Call Sunday June 26th
 3:30p- 5:30pm



Tibon's Goju Ryu and USANKF of Northern Calif Annual Karate Camp Training Camp Richardson Lake Tahoe Arrive June 15 Depart June 19 Sunday We Have 15 Spots Left that We Need to Fill \$55 per Person

Bring Your Own Food and Camping Equipment
 World Class Karate Training and Family Bonding
 4 Hours of Karate Training in the Morning the rest of the day you can hike, fish, kayak, swim, horse back riding, bike riding, site seeing with your family or friends.

Contact the main dojo at (209) 465-0943





**Advanced Kata Seminar for Black Belts, Brown Belts,
and Recommended Green 3 Stripes**

Held on May 14th Main Dojo 923 N. Yosemite St.

12:30p – 3:30pm

Taught By

Sensei Gene Tibon 8th Dan Goju Ryu Uchiage Kai Class A Examiner

President Goju Ryu Uchiage Kai Western United States

Sensei Adam Tibon 5th Dan Goju Ryu Uchiage Kai USA Grassroots Head Coach

Sensei Chris Hiers 4th Dan Goju Ryu Uchiage Kai USA Grassroots Coach



Outstanding Job to all our participating students and testing black belts!

Advance Seminar Continued



So Proud of the quality you have all developed in to in Goju Ryu Karate. The students have worked years to achieve this level of development.



**Classes are Preparing for USA Nationals and USA Team Trials
Spokane, Washington
June 30-July 3rd
Prepare Now!**



Tokubetsu Competition Classes with Sensei Adam Tibon and Sensei Brian Embry and Sensei Gene Tibon's advance classes all preparing for Nationals



Amazing Booster Parents

Raising money for Tibon's Goju Ryu Competition Team Sweat Coats with raffle baskets, Succulent plant sales, and photo shoot fundraisers.

Please Ask Mrs. Tibon, Cheila Rosencrans, Renee Carruth, Carmen Abundez, Kirsten Lopez Gabriel, Melissa Gonzalez, Sensei Asa and Kelly, Jose Saavedra, and Tina Vaughn for information on how you can participate. See the new Shoe Sneaker Fundraiser with turning in slightly used Tennis Shoes for \$7.00 per pair trade in.

**So far, the Booster Parents have raised almost \$1,500 towards Athletes going to the USA Karate Nationals and USA Team Trials cost and new team sweats!
Outstanding Job!**

LEADERSHIP MEETING

TIBON

USANKF of Northern California, Inc. Regional Sports Organization

Presents

2022 Tibon's Goju Ryu Fighting Arts – USA Grassroots Karate Camping Trip

Deadline for Registration Has Been Extended with 15 Spots Left!



Date of Camping at Camp Richardson Lake Tahoe Arrive June 15 – Depart June 19, 2022

\$55 Deposit fee per person toward secured camp site – non-refundable -

Please Pay AS Soon As you Can to Lock in Your Reservation – Bring Your Own Food for 4 days

Participants Offsite stay training is \$30 per person

Camping Training Participation Fun, games, team building, karate training

**If interested, please sign up at the front desk. The deposit will secure your spot
Any questions or concerns please contact Mrs. Tibon, Sherri Helsby, or Arin Helsby**

(209) 465-0943



Congratulations April Promotion Ranking Students!
Always Prepare for your Rank Testing!



Tokubetsu Class Returns
National, International, Pan-American Competitors
Developmental Advance Competition Program
Taught by Sensei Adam Tibon 5th Dan 8 Yrs. Team USA Tokubetsu-1
Sensei Brian Embry 3rd Dan 4 Yrs. Team USA Tokubetsu-2
Prepare for USA Nationals in Washington 2022 and
Fiesta Cup South Gate, CA September 18, 2022
Saturday's 4:00p-5:30p
Sunday's 1:00p-2:30p

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team **What is the purpose of Tokubetsu?** The word Tokubetsu means, “ongoing development towards excellence”. The purpose of the class is to create a **high-level competition kumite class** for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the very serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class are as follows: Work, school, church, family reunion, family vacation, or sick.



Sensei Adam Tibon at the Pan-Am's in Canada, the Uchiage Kai Internationals – Tokubetsu 1 now started



Sensei Brian Embry 3rd Dan Ozawa Cup International Grand Champion Kumite and Silver Medal Curacao Pan-Am's Internationals – Tokubetsu 2 starting January 2, 2022

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Brian Embry 3rd Dan

Sensei Elijah Infante 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



The Karate Camping Trip in Lake Tahoe Camp Richardson **we still have 15 spaces available for the Karate Camp** on June 15 – June 19, 2022. Please get your reservation paid for ASAP to participate. The cost is \$55 per person bring your own food and tent for camping. There is 4-hour morning training for the athletes. After training students, parents, and teams can go swimming, hiking, biking, site seeing, horse back riding, kayaking, and fishing. This has been an amazing trip for families to bond especially after the Covid 19 shut in pandemic. We all need a nice weekend in the beautiful Sierra Mountains. Hope you can join us!

May has been an outstanding month for our new Parent Boosters for raising funds for our national and international competition athletes, who will be travelling to Spokane, WA for USA Karate National Championships and USA Team Trials, and to Southern California for the international event featuring many South American Countries and 6ft 1st place trophies.

We look forward to hosting our 36th Annual Tibon's Goju Ryu Winter IN HOUSE Karate Championships this December 2022 if the Lincoln Unified School District allows events this year. Stay tuned for the announcement we are successful in hosting tournament this year.

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell



Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Class Days Added to GymStars

This month has been a very fun one. We've seen many of the mini camps grow bigger and so many students working harder and harder truly taking things to the next level!

On a side note, we have had some schedule changes with some of the mini camps. The new schedule will be listed below along with which sensei teaches them

Monday: Sensei Asa/ Sensei Allison

3:30-4:25, 3-6 year-old white/yellow belts
4:30-5:25, Orange/Blue belts All ages
5:30-6:25, 7-16 year-old white/yellow belts
6:30-7:25, 7-16 year-old white/yellow belts

Tuesday: Sensei Allison

3:30-4:25, blue/purple/green belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, yellow/orange/blue belts All ages

Wednesday: Sensei Asa

3:30-4:25, yellow/orange/blue belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, 3-6 year-old White/Yellow belts
6:30-7:25, 7-16 year-old White/Yellow belts

Thursday: Sensei Allison

2:45-3:25, 3-5 year-old beginners
3:30-4:25, 7-16 year-old white/yellow belts
4:30-5:25, yellow/orange/blue belts All ages
5:30-6:25, blue/purple/green All ages

Friday: Sensei Allison

3:30-4:25, 7-16 year-old White/Yellow belts
4:30-5:25, 3-6 year-old White/Yellow belts
5:30-6:25, 7-16 year-old White/Yellow belts

Saturday: Sensei Allison

9:00-9:55, 3-6 year-old White/Yellow belts
10:00-10:55, 7-16 year-old White/Yellow belts
11:00-11:55, Orange/Blue/Purple belts All ages



Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Instructor 2nd Dan
Sempai Joey Carruth Ni Kyu Brown Belt

Message from Sensei Chris:

Modesto GymStars is continually growing and are working to achieve pre Covid 19 numbers. **We started the new Monday classes and now taking names to fill the 2nd class.** I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. Students in Modesto GymStars Karate Program are excited about the 2022 New Programs!

Thanks, Sensei Chris Inman

Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan



Hiers Karate School

In the month of January, February, March, April, May no new news or updates, Looking forward to 2022 Years for our students!



United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

Sensei Tibon, President Western United State Goju Ryu Uchiage Kai, and Sensei Asa travel to San Jose to test Sensei Joane Orbon's students for Goju Ryu Uchiage Kai international ranking certification on **Sunday April 3rd did a great job!**
Next testing is September 11th, 2022, get ready!

UBAKC San Jose has continued to extend throughout the South Bay Area and have also opened our first satellite program at a local heritage school. We hope our reach will continue to grow as we teach karate and our mantra of Respect, Discipline, and Loyalty all throughout the Bay Area.

Have a great month!

All the best,
Sensei Joane Orbon
3rd Dan Goju Ryu Uchiage Kai
Chief Instructor of UBAKC San Jose



**TIBON'S GOJU RYU
ARTS
DOJO TIPS**

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **Following the Governor's Mask Mandate IT HAS NOW BEEN LIFTED February 16, 2022. We still MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS TO WEAR MASK IF HAS NOT BEEN VACINATED per CDC's GOVERNOR'S MANDATE. IF VACCINATED IT IS OPTIONAL FOR YOU TO WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG. ALL EMPLOYEES WILL WEAR A FACE MASK INDOORS. We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo.** Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask IF NOT VACINATED PER CDC INDOOR RULES.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on FEBRUARY 16TH, 2022.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office