



Tibon's Goju Gazette



www.tibonkarate.com

August 2022

Tournaments & Events This Year

August 7, 2022 Sunday, Irvine Karate Classic 2022. Irvine, CA Edison High School 21400 Magnolia St. Huntington Beach, CA 92646 Registration ONLINE NOW OPEN.

www.tajikkarate.com/irvinekarateclassic2022

September 18, 2022, Sunday Fiesta Cup Larios Karate Tournament South Gate Sports Center 9520 Hildreth Ave South Gate, CA Pre-registration Only (323)563-5445

www.IKSFIESTAS.com

October 9, 2022 Sunday West Coast Open International Martial Arts Championships Pierce Collee Lakewood, WA

www.westcoast-open.com

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter Tournament moved to December 4, 2022, Due to Covid 19 We will see if we are able to host this year's event at Lincoln High School as in the past years. Waiting for School Athletic Schedule to confirm date!

Thank you as a Small Business we Appreciate Your Support!

Welcome New Students to Tibon's Goju Ryu Uchiage Kai Organization

Samuel Dutra Sophia Mount-Hernandez
Judah Peck Rosalinda Primero Santino Casello
Isaac Serna Max Barber Ivan Minero
Prisha Halder Anthony Avery Kandic Gutierrez
Kallie Gutierrez Santiago Sanchez Evan Boneta

Return Student: Jackson Severson Elias Guzman



Promotion Testing!

August 13th Saturday Testing – Main Dojo

White belts – Brown belts 4:00p – 6:00p

Promotion Ceremony for May Test August 12th 7:45pm

Zoom Leadership Parent Booster Call Sunday August 14th 4:00p- 5:00pm

LEADERSHIP MEETING

MEETING ID:
7211162 0953
PASSWORD:
TIBON

Tibon's Goju Ryu Fighting Arts Students
Win Spot on Team USA National Team Pool
For Pan-American Karate Championships in Monterrey,
Mexico
And World Championships in Istanbul, Turkey
Congratulations Sensei Chris Gong
11 Students Win 15 USA National Championships Medals in
Spokane, WA at USA Nationals and USA Team Trials
June 29 – July 3, 2022



Chris Gong 2nd Degree Black belt wins 3 medals at the USA National Karate Championships and the USA Team Trials. He also wins a spot on the USA National Karate Team Pool in the Super 3rd position to be next as an alternate as a member to possibly go to the Pan-American Karate Championships in Mexico, or the World Championships in Turkey. If one of the number one or number 2 athletes can't attend the championships Chris Gong will be called up to represent Team USA.

**USA Nationals Championships and USA Team Trials
Spokane, Washington
June 30-July 3rd
Photos**



**Team Tibon USA National Karate Team Competitors Top Photo
Flying Kick that had the folks in the audience talking about Eli Dominguez who
won a silver medal in Novice Kumite(fighting)**

USA Nationals Championships and USA Team Trials Photos



Over the last 38 years at our main dojo on Yosemite St. we've developed over 450 USA Karate National Champions and over 40 athletes on Team USA, and 12 inducted into various Hall of Fames. We now start our DOJO REBOOT of NEW CHAMPION DEVELOPMENT after the Covid 19 pandemic shutdown we suffered for 11-1/2 months. WE ARE BACK with an outstanding PARENT SUPPORT TEAM helping raise money for our Competition team and the future champions of Tibon's Goju Ryu Fighting Arts.

USA Nationals Championships and USA Team Trials



Samson Helsby gold medal US National Champion 3 years in a row!

Aydin Shek gold medal US National Champion, silver medal black belt kumite(fighting).

Daisy Leon gold medal US National Champion, silver medal Women's intermediate Kata(forms)

ZOË Harrison silver medal girl's intermediate Kobudo (Bo), bronze medal intermediate girls Kata

Chris Gong Super 3rd Bronze 14/15yr old Team USA National Team Pool, bronze medal black belt Kobudo(Bo) bronze medal black belt Kata.

Eli Dominguez Silver medal boy's beginning/novice Kumite

Cruz Dominguez bronze medal boy's 5/6yr old beginning/novice Kata, and bronze medal in Kumite

Joseph Soto silver medal men's Kumite

Noah Helsby honorable mention, past USA Team Member

Arin Helsby honorable mention, past USA Team Member

Cash Gapusan honorable mention

14 medals -11 athletes Medal Count 3 Gold, 5 Silver, 6 Bronze, One super third USA National Team Pool member

Tibon's Goju Ryu Organization Promotion Testing in Full Gear! Congratulations July Testing Group!



Congratulations to our testing students for Month of July from Tibon's main dojo, Hier's Dojo, Modesto GymStars, and Stockton GymStars!

Amazing Parent Support Team

Raising money for Tibon's Goju Ryu Competition travel and Team Sweat Coats with raffle baskets, Succulent plant sales, and photo shoot fundraisers.

Please Ask Mrs. Tibon, Cheila Rosencrans, Renee Carruth, Carmen Abundez, Kirsten Lopez Gabriel, Melissa Gonzalez, Sensei Asa and Kelly, Jose Saavedra, and Tina Vaughn for information on how you can participate.

KARATE PHOTOSHOOT FUNDRAISER

50% off Karate Portraits!

- August 20th at Victory Oak Rose Garden
from 8am - 12pm
- Cash only. All donations go towards
students participating in fundraising efforts
(contact KPST for more info).
- Minimum donation of \$75 (50% off). Must
be prepaid to front desk at time of sign up.
- Each appointment is 30 minutes
(arrive early).
- Recieve 10 digital photos via online gallery
- 8 slots available. (Minimum 5 sign ups to be
able to host photoshoot fundraiser)
- Please sign up with students name and
your email / phone number on the sign up
sheet at the front desk.
- See newsletter email for sample photos
from last fundraiser
- Thanks for you support!



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Karate Photoshoot Fundraiser



SEE FLYER FOR INFO

TAP HERE TO SEE MORE PHOTOS

For Information See Melissa Gonzalez at the Dojo

CREATIVE

ACRYLIC Paint Night FUNDRAISING EVENT

Benefitting Tibon's Dojo
KARATE STUDENTS' Tournament Needs

Discover your CREATIVE side

FRIDAY, AUGUST 26, 2022

6:00 — 8:00 PM

at the CATALYST

926 N. Yosemite St,
Stockton, CA 95203

\$ 50.00/person

You will be provided with
* CANVAS * PAINTBRUSHES * PALETTE PLATE * WATER/BRUSH HOLDER
**ALL YOU HAVE TO BRING IS A
LEARNING SPIRIT!**

Thank you for your support!!
The Karate Parent Support Team

For Information See Melissa Gonzalez at the Dojo

**Tibon's Dojo Leadership and Parent Deep Cleaning Day
Thank you to all our hardworking Cleaning Team!
July 24th**



**Sensei Gene Tibon and Yvonne Tibon so proud of our karate families help clean our dojo mats and floor in the training area of the dojo. Clean the Parent Lobby and work to rearrange the window display and antique display. The dojo makes a \$400 donation to the competition team travelling fund.
Great Job all!**

Incredible Leadership and Parents Give Up a Sunday Morning for Dojo Cleaning for Fundraising



Smallest to the tallest all pitch in to get the cleaning job done! Leadership starts at all ages!



Fans cleaned new displays in the front and in lobby windows. Beautiful job by the team!

**The Leadership Team of Black Belt and Brown Belt
& Green Belt 3 Stripes are a part of
Leadership Class and Booster Parents
Next Leadership Zoom Call Meeting August 14, 2022
Sunday 4:00 - 5:00pm Zoom Call**



Leadership training is exactly that, it teaches our students to become role models, leaders, positive examples, interns to the assistants to the instructors. It helps develop confidence, taking initiative, understanding customer service, builds teamwork relationships with the instructor team. This class teaches one how to take initiative towards addressing an issue and developing a creative idea in making a person who can work in developing anyone.

Our Leadership program teaches our students about business and corporate understanding. This class will affect them in school, work, clubs, organizations, along with the development of their interpersonal skills. They work together in the organization events to work it and making it a successful well-organized event. Our dedication to the community and Yosemite St. Village for neighborhood cleanup to demonstrations as part of our Karate Demo Team.

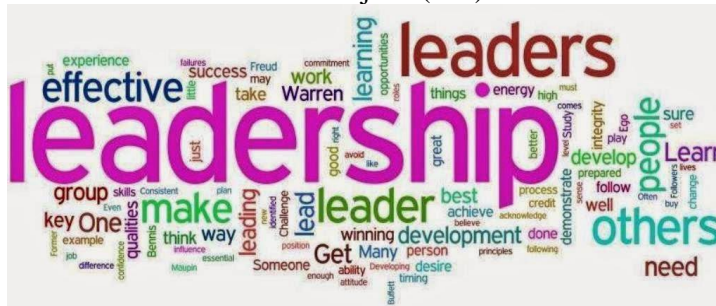
Once a month we have a Leadership meeting or Zoom call meeting for one-two hours depending on the training schedule. After receiving the black belt, our Leadership Instructors work to maintain an excellent grade point average, which has been beneficial for preparation when going off to college or university to achieve their degrees. We have seen 100% of our Black Belts graduate from High School and 97% go on to receive their Associates, Bachelors, and/or Master's Degree.

They find that our Leadership Class has prepared them for the Management positions they may have applied for. We go beyond teaching great martial arts. During their training in Goju Ryu Karate, we teach our students to be successful in life, understanding business, customer service, and how to apply these skills into their lives.

We welcome the new Green Belts 3 strips, whose next level is Brown Belt to our Leadership Program.

We now have our **Booster Parents** who are helping to raise funds for athletes competing in National and International competitions in Washington and Southern and Northern California. They join the Zoom Call at 4:30pm to 5:30pm to discuss future fundraising projects and the chance at new Karate Team Sweats.

Any questions please call Sensei Gene Tibon at the main dojo at (209) 465-0943.



Tokubetsu Class Has Returned
National, International, Pan-American Competitors
Developmental Advance Competition Program
Taught by Sensei Adam Tibon 5th Dan 8 Yrs. Team USA Tokubetsu-1
Sensei Brian Embry 3rd Dan 4 Yrs. Team USA Tokubetsu-2
Prepare for USA Nationals in Washington 2022 and
Fiesta Cup South Gate, CA September 18, 2022
Saturday's 4:00p-5:30p
Sunday's 1:00p-2:30p

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team **What is the purpose of Tokubetsu?** The word Tokubetsu means, “ongoing development towards excellence”. The purpose of the class is to create a **high-level competition kumite class** for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the very serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class as follows: Work, school, church, family reunion, family vacation, or sick.



Sensei Adam Tibon at the Pan-Am's in Canada, the Uchiage Kai Internationals – Tokubetsu 1 now started



Sensei Brian Embry 3rd Dan Ozawa Cup International Grand Champion Kumite and Silver Medal Curacao Pan-Am's Internationals – Tokubetsu 2 starting January 2, 2022

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 38 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Brian Embry 3rd Dan

Sensei Elijah Infante 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



The Karate tournament fundraisers are really on the move with our fantastic Parent Support Team and Leadership students. Great amount of work and funding to support those athletes who travelled to Spokane, WA for USA Karate National Championships and USA Team Trials, winning **14 medals -11 athletes Medal Count 3 Gold, 5 Silver, 6 Bronze, One super third USA National Team Pool member.** See results under photos and article of those who competed in Spokane above. Now we are preparing for Irvine Classic Karate Championships in August 7th, and the Internationals at the Fiesta Cup in Garden Grove September 18th both in Southern California.

We look forward to hosting our **36th Annual Tibon's Goju Ryu Winter IN HOUSE Karate Championships this December 2022 if the Lincoln Unified School District allows events this year.** WE should know if the Lincoln Gym is available for our event by next month. Stay tuned for the announcement we are successful in hosting tournament this year.

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell



Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Class Days Added to GymStars

This month has been a very fun one. We've seen many of the mini camps grow bigger and so many students working harder and harder truly taking things to the next level!

On a side note, we have had some schedule changes with some of the mini camps. The new schedule will be listed below along with which sensei teaches them

Monday: Sensei Asa/ Sensei Allison

3:30-4:25, 3-6 year-old white/yellow belts
4:30-5:25, Orange/Blue belts All ages
5:30-6:25, 7-16 year-old white/yellow belts
6:30-7:25, 7-16 year-old white/yellow belts

Tuesday: Sensei Allison

3:30-4:25, blue/purple/green belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, yellow/orange/blue belts All ages

Wednesday: Sensei Asa

3:30-4:25, yellow/orange/blue belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, 3-6 year-old White/Yellow belts
6:30-7:25, 7-16 year-old White/Yellow belts

Thursday: Sensei Allison

2:45-3:25, 3-5 year-old beginners
3:30-4:25, 7-16 year-old white/yellow belts
4:30-5:25, yellow/orange/blue belts All ages
5:30-6:25, blue/purple/green All ages

Friday: Sensei Allison

3:30-4:25, 7-16 year-old White/Yellow belts
4:30-5:25, 3-6 year-old White/Yellow belts
5:30-6:25, 7-16 year-old White/Yellow belts

Saturday: Sensei Allison

9:00-9:55, 3-6 year-old White/Yellow belts
10:00-10:55, 7-16 year-old White/Yellow belts
11:00-11:55, Orange/Blue/Purple belts All ages



Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Instructor 2nd Dan
Sempai Joey Carruth Ni Kyu Brown Belt

Message from Sensei Chris:

Modesto GymStars is continually growing and are working to achieve pre Covid 19 numbers. **We started the new Monday classes and now taking names to fill the 2nd class.** I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. Students in Modesto GymStars Karate Program are excited about the 2022 New Programs!

Thanks, Sensei Chris Inman

Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan



Hiers Karate School

In the month of August, no new news or updates, welcome new student **Judah Peck** and return student **Jackson Severson** Looking forward to 2022 Years for our students!



United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

Sensei Tibon, President Western United State Goju Ryu Uchiage Kai, and Sensei Asa travel to San Jose to test Sensei Joane Orbon's students for Goju Ryu Uchiage Kai international ranking certification on **Sunday April 3rd did a great job!** **Next testing is August 14th at 1:00pm then the next promotion is scheduled September 11th, 2022, get ready!**

UBAKC San Jose has continued to extend throughout the South Bay Area and have also opened our first satellite program at a local heritage school. We hope our reach will continue to grow as we teach karate and our mantra of Respect, Discipline, and Loyalty all throughout the Bay Area.

Have a great month!

All the best,
Sensei Joane Orbon
3rd Dan Goju Ryu Uchiage Kai
Chief Instructor of UBAKC San Jose





TIBON'S GOJU RYU ARTS DOJO TIPS

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

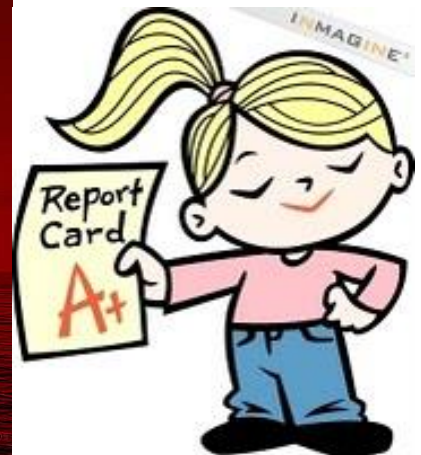
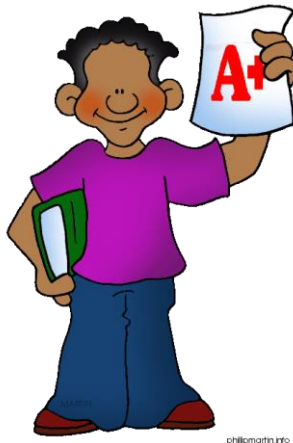
Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **Following the Governor's Mask Mandate IT HAS NOW BEEN LIFTED February 16, 2022. We still MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS TO WEAR MASK IF HAS NOT BEEN VACINATED per CDC's GOVERNOR'S MANDATE. IF VACCINATED IT IS OPTIONAL FOR YOU TO WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG. ALL EMPLOYEES WILL WEAR A FACE MASK INDOORS. We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo.** Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask IF NOT VACINATED PER CDC INDOOR RULES.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on FEBRUARY 16TH, 2022.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office