

March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Private Lessons Available- Please Book with Front Counter! 	See Class Schedule in New Dojo Brochures	1 See Class Schedule in New Dojo Brochures	2 See Class Schedule in New Dojo Brochures	3 See Class Schedule in New Dojo Brochures	4 See Class Schedule in New Dojo Brochures	5 Tokubetsu-1 4-5:30p Competition Class Sensei Francis BD
6 Tokubetsu-2 1:00-2:30p Competition Class	7	8	9 Please Make Up Your Classes Early in the Month!	10	11	12 Tokubetsu-1 4-5:30p Competition Class Sensei Tibon's BD
13 Tokubetsu-2 1:00-2:30p Competition Class	14	15	16 Please Make Up Your Classes Early in the Month!	17	18	19 Promotion Testing 4:00p-6:00pm No Tokubetsu Class
20 Tokubetsu-2 1:00-2:30p Competition Class Leadership 2:30-4:00p In Main Dojo	21	22	23 Please Make Up Your Classes Early in the Month!	24	25	26 Tokubetsu-1 4-5:30p Competition Class
27 NO Tokubetsu-2 Closed Yuba City Karate Tournament all there! Competition	28	29 Arin's BD	30 Please Make Up Your Classes Early in the Month!	31		

2022



Tibon's Goju Gazette



www.tibonkarate.com

March 2022

Tournaments & Events This Year

Northern California Karate-Do Federation Karate Championships March 27, 2022, doors open at 8:00am Staging begins at 8:45am. Register ONLINE Only at 2022NCKDF.MYUVENTEX.COM

Ozawa Cup Internationals Flamingo Hotel Las Vegas April 14-17, 2022, Sensei James Tawato

- <http://www.ozawa-tournament.com/>

Black Belt Testing Exam will be planned for May 14TH 2022 Testing Seminar, the Dan Test after. Stayed tuned and get prepared for the testing.

June 30-July 3, 2022 USA National Karate Championships and USA Team Trials Spokane, WA

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter Tournament moved to December 2022 Due to Covid 19 We will see if we are able to host this year's event at Lincoln High School as in the past years.

Thank you as a Small Business we Appreciate
Your Support!
Welcome New Students to
Tibon's Goju Ryu Uchiage Kai Organization

Aaliyah Lomas Arturo Millel Lennon Pitz Calvin Pitz
Persephone Sandoval Jaxson Thomas Jason Singh
Adelynn Bajao Ayden Sandhu Logan Hall Henry Kamper
Clint Kamper Luis De La Cruz Harley Arista
Micah Lacson Max Vazquez Emma Batterton
Sabrinah Castillo Mario Ellis Esther Escobar Christian Forbes
Kyle Furgison Luna Garcia Rin Garcia Juana Samarkandy
Sullivan Jimenez Josie Kalbach Sarah Krutka Joshua Luke
William "Mason" Mondijar Mason Cao Elijah Lucero
Simone Salter Wyatt Shadman Dean Shadman Jayden Singh
Anissa Singh Samuel Yucht Javianna Williams Ilianna Vidaca
Levi Vidaca Kollins Saeteurn



Promotion Testing!

March 19th Saturday Testing – Main Dojo

White belts – Brown belts 4:00p – 6:00p

No Promotion Ceremony for February test. Certificates
Will be awarded in your class by your Sensei due to
Omicron until further notice.

Tibon's Goju Ryu Annual Easter Egg Hunt and Potluck Picnic April 24th Sunday 12:30p-4:30p Swenson Park



Parents, Students, Leadership bring out your lawn chairs and your best Potluck Dish for a great afternoon as we celebrate our Annual Easter Egg Hunt for the kiddies and Potluck Picnic together at Swenson Park across the street from Lincoln High School.

Leadership Team will be hiding eggs for different age groups, running games, and working as a team for a great afternoon for our Karate families.

We ask each family to bring a dozen-colored hard-boiled eggs for plastic filled eggs for each of the children you bring in your family. We find by doing this we have more than enough eggs for our young karate kids who participate in the Easter Egg Hunt.



March 20th Sunday 2:30-4:00pm
**LEADERSHIP IN PERSON MEETING MAIN DOJO OUR FIST FACE
TO FACE IN 2 YEARS!**

USANKF of Northern California, Inc. Regional Sports Organization

Presents

2022 Tibon's Goju Ryu Fighting Arts – USA Grassroots Karate Camping Trip



Date of Camping at Camp Richardson Lake Tahoe Arrive June 15 – Depart June 19, 2022

\$55 Deposit fee per person toward secured camp site – non-refundable -

Please Pay AS Soon As you Can to Lock in Your Reservation – Bring Your Own Food for 4 days

Camping Training Participation Fun, games, team building, karate training

**If interested, please sign up at the front desk. The deposit will secure your spot
Any questions or concerns please contact Mrs. Tibon, Sherri Helsby, or Arin Helsby**

(209) 465-0943



Tokubetsu Class Returns
National, International, Pan-American Competitors
Developmental Advance Competition Program
Taught by Sensei Adam Tibon 5th Dan 8 Yrs. Team USA Tokubetsu-1
Sensei Brian Embry 3rd Dan 4 Yrs. Team USA Tokubetsu-2
Prepare for USA Nationals in Washington 2022 and
Ozawa Cup Internationals Las Vegas, NV 2022

Saturday's 4:00p-5:30p on Specific Dates
Starting January 2nd, 2022, Sunday's 1:00p-2:30p

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team **What is the purpose of Tokubetsu?** The word Tokubetsu means, “ongoing development towards excellence”. The purpose of the class is to create a **high-level competition kumite class** for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the very serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class are as follows: Work, school, church, family reunion, family vacation, or sick.



Sensei Adam Tibon at the Pan-Am's in Canada, the Uchiage Kai Internationals – Tokubetsu 1 now started



Sensei Brian Embry 3rd Dan Ozawa Cup International Grand Champion Kumite and Silver Medal Curacao Pan-Am's Internationals – Tokubetsu 2 starting January 2, 2022

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Brian Embry 3rd Dan

Sensei Elijah Infante 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



Exciting times ahead, looking forward to a successful 2022 kicking of with our first tournament in Yuba City with many medals and new experiences for our students! We are so looking forward to getting back on track with our class development and competition travel and look to Yuba City again March 27th Sunday and then Las Vegas at the Ozawa Cup at the Flamingo Hotel Resort. We've reinstated our competition program both Tokubetsu-1 and Tokubetsu-2 on Saturdays and Sundays for competition preparation. Students are excited with full classes showing excitement for travel again.

Due to the Omicron virus and the Canadian Mandates Sensei Toshi Uchiage decided to cancel the Steveston Internationals for 2022 and hoping 2023 will be a better year to host the international event.

We look forward to host our 36th Annual Tibon's Goju Ryu Winter IN HOUSE Karate Championships this December 2022 if the Lincoln Unified School District allows events like our this year. Stay tuned for the announcement we are are successful in hosting tournament this year.

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell



Thank you for your votes and support for 2021 making us the Best in San Joaquin - Let's win 2022!

Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Class Days Added to GymStars

This month has been a very fun one. We've seen many of the mini camps grow bigger and so many students working harder and harder truly taking things to the next level!

On a side note, we have had some schedule changes with some of the mini camps. The new schedule will be listed below along with which sensei teaches them

Monday: Sensei Asa/ Sensei Allison

3:30-4:25, 3-6 year-old white/yellow belts
4:30-5:25, Orange/Blue belts All ages
5:30-6:25, 7-16 year-old white/yellow belts
6:30-7:25, 7-16 year-old white/yellow belts

Tuesday: Sensei Allison

3:30-4:25, blue/purple/green belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, yellow/orange/blue belts All ages

Wednesday: Sensei Asa

3:30-4:25, yellow/orange/blue belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, 3-6 year-old White/Yellow belts
6:30-7:25, 7-16 year-old White/Yellow belts

Thursday: Sensei Allison

2:45-3:25, 3-5 year-old beginners
3:30-4:25, 7-16 year-old white/yellow belts
4:30-5:25, yellow/orange/blue belts All ages
5:30-6:25, blue/purple/green All ages

Friday: Sensei Allison

3:30-4:25, 7-16 year-old White/Yellow belts
4:30-5:25, 3-6 year-old White/Yellow belts
5:30-6:25, 7-16 year-old White/Yellow belts

Saturday: Sensei Allison

9:00-9:55, 3-6 year-old White/Yellow belts
10:00-10:55, 7-16 year-old White/Yellow belts
11:00-11:55, Orange/Blue/Purple belts All ages

United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

Happy March! No new updates!

Have a great month!

All the best,
Sensei Joane Orbon
3rd Dan Goju Ryu Uchiage Kai
Chief Instructor of UBAKC San Jose



**Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Assistant 2nd Dan**

Message from Sensei Chris:

Modesto GymStars is starting to grow, and our student base is growing. **We started the new Monday classes and now taking names to fill the 2nd class.** I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. Students in Modesto GymStars Karate Program are excited about the 2022 New Programs!

Thanks, Sensei Chris Inman

**Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan**



Hiers Karate School

In the month of January and February, no new news or updates, Looking forward to 2022 New Years for our students!



**TIBON'S GOJU RYU
ARTS
DOJO TIPS**

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai



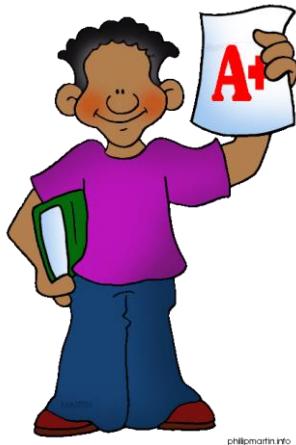
Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **Following the Governor's Mask Mandate IT HAS NOW BEEN LIFTED February 16, 2022. We still MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS TO WEAR MASK IF HAS NOT BEEN VACINATED per CDC's GOVERNOR'S MANDATE. IF VACCINATED IT IS OPTIONAL FOR YOU TO WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG. ALL EMPLOYEES WILL WEAR A FACE MASK INDOORS. We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo.** Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask IF NOT VACINATED PER CDC INDOOR RULES.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on FEBRUARY 16TH, 2022.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office