













December

		<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Private Lessons Available- Please Book with Front Counter! 	1 st Class Orange-Brown 4:30-5:30p 2 nd Class Orange-Brown belts Level 5:45-6:45p 3 rd Class Beginning-Weapons- All 7:00-8P 	1 st Class White-Yellow-Orange 4:30-5:30 Juniors 2 nd Class White-Yellow Orange – 5:45-6:45p Teen-Adults Class 7:00-8:30p 	1 1 st Class Orange-Blue-Purple-Green Level - 4:30-5:30p 2 nd Class Orange-Blue-Purple-Green Level - 5:45-6:45p 3 rd Class Black and Brown Belts Level – All 7:00-8:30p 	2 1 st Class White-Yellow-Orange Juniors 4:30-5:30p 2 nd Class White-Orange-Blue-Purple Level – 5:45-6:45p 3 rd class Teen-Adults 7-8:30p 	3 1 st Class Mighty Mite juniors 4,5,6 yr. old 4:30-5:30p 2 nd Class Green , Brown, Black 6:00-7:30p 	4 1 st Class Mighty Mite: 4,5,6 yrs. old 11:00-12:00n ONLY -2 nd Class White--Green 12:15 – 1:15p 3 rd Class Green-Black Level Advance kicking- 1:30-2:30p 4 th Class Advance Weapons Green-Black Level-I 2:45-3:45p Tokubetsu Competition Class 4:00-5:30pm 
5 Sensei Tibon testing San Jose Students	6	7	8 Please Make Up Your Classes Early in the Month!	9 Veterans Day Dojo Closed!	10 Demo Team Practice In class 6-7:30	11
12	13	14	15 Please Make Up Your Classes Early in the Month!	16	17 PROMOTION CEREMONY FROM NOVEMBER testing group 7:45pm	18 Regular Classes Open NO TOKUBETSU! PROMOTION TESTING 4:00p-6:00pm
19 Leadership Zoom Call 12a – 1p 	20	21	22 Please Make Up Your Classes Early in the Month!	23	24 Christmas Eve Dojo Closed! 	25 Christmas Day! Dojo Closed! 
26 Dojo Closed!	27	28	29 Please Make Up Your Classes Early in the Month!	30	31 New Year's Eve Dojo Closed! 	1 New Year's Day Dojo Closed! 
						<div>2021</div>



Tibon's Goju Gazette



www.tibonkarate.com

December 2021

Tournaments & Events This Year

49th Steveston International Karate Championships
Richmond B.C. Canada March 5th, 2022 Saturday. Black
Belt Testing in Canada on Thursday March 3, 2022 8:30p
In Main Hombu Dojo.

Ozawa Cup Internationals Flamingo Hotel Las Vegas
April 14-17, 2022 Sensei James Tawato

• <http://www.ozawa-tournament.com/>

Tibon's Goju Ryu 2022 36th Annual IN-HOUSE Winter
Tournament moved to next year Due to Covid 19 –
Black Belt Testing Exam will be in December 2022 TBA!

SEE NEW CLASSES TIME SCHEDULE BELOW

Thank you as a Small Business we Appreciate
Your Support!

Welcome New Students to
Tibon's Goju Ryu Uchiage Kai Organization

Gabriel Ramirez Jacob Corren Ayce Arrellances
Gage Reveles Samson Montion Oliver Sexton
Ethan Buckner

Welcome back: Anahi Carillo Marely Carillo Antonio Carillo



Promotion Testing!

December 18th Saturday Testing – Main Dojo

White belts – Brown belts 4:00p – 6:00p

Promotion Ceremony for November test is

December 17th 7:45pm – Main Dojo per parents' request!



Zoom Leadership Call Sunday December 19th 12n-1:00pm



Tibon's Goju Ryu Fighting Arts

Wants to Thank you for your Support and helping us get through
the Covid 19 Pandemic by supporting our business and karate
programs. One of the most challenging times in our history!

We look forward to creating new Karate experiences
and great training in Goju Ryu through our classes and events
We Hope Your Holiday Season is Safe and Wonderful!



Attention Parents and Students!
Monthly Tuition's to increase January 2022 Friendly Reminder For all Our
Programs
See New Brochures!

Please note that Tibon's Goju Ryu **has not raised prices for the last 3 years to help our families during these hard Covid 19 economic times, which unfortunately we were shut down for business due to the Governor's mandate for 11-1/2 months.** We are unfortunately having to raise our monthly tuition due to the rising costs of operating cost of a business, and new business laws **starting January 1, 2022.** The increase will amount to an additional **\$5.00** per month more per students, which amounts to **only 62 cents a class, less than a can of soda.** I certainly hope this doesn't present a hardship to anyone, and please realize we always try very hard to give you more than your value in instruction and investment into your family member in traditional karate and Kobudo instruction.

With the new rates in effect, we can still offer quality instruction at \$25 - \$130 a month **LESS than our competitors. The average costs of monthly tuitions nationwide are \$130.00- \$250 per month and are contractual we are non-contractual.** In addition, most of my competitors only offer 45-minute classes, and do not possess the ability to teach at our level of technical quality. It is a common knowledge, and a proven business fact that we strive for excellence in developing our students in karate and life skill development. That is why we are a national rated developmental program, and place athletes on the United States National Karate Team on years they attend USA Team trials. Our specialty is Goju Ryu karate and the self defense aspect to the system.

We have placed students like **Sensei Joane Orbon** on the USA World Team and now the Philippine National Olympic Team ranking 7th in the world during her international competition travels. Sensei **Noah Helsby** on Team USA to Brazil in past years, and Senpai **Arin Helsby** and **Cayla Gapusan** to the USA National Team Pool as one of the top 3 athletes in the country in her respective black belt division. Only the best black belt athletes in the USA are selected to Team USA National Federation, member of the US Olympic Committee.

I hope you understand our reasoning for raising the tuition; these Covid 19 economic times have also challenged us to keeping our doors open with being closed for 11-1/2months. Due to the new State of California mandates for business minimum wages, we are trying to be more reasonable and affordable than our competitors without sacrificing our technical quality. **If you are interested in prepaying your tuition, a discount is offered. We are offering an opportunity for those who wish to pay this year's annual cost before the new rates in 2022.** This may be discussed with billing personnel.

Thank you for your business, support, and cooperation.

Sincerely,

Sensei Gene & Yvonne Tibon
(209) 465-0943 dojo office

**Leadership Christmas Decorating Party at the Main Dojo Light Up the Building
And Setting Up Santa's Village and Tree Dojo Tradition
We Thank All Students and Karate Family's Who Came Out to Help
On November 21st Sunday at 10am**

Every year we try to make a difference in doing our part for community and light up our Dojo at Yosemite St. Village. We have our Leadership students and karate families all come out to help us with the Santa Village, building lights, and Christmas Tree. You're all welcome to volunteer with our helpers to get it done and end our year with the beautiful decorations. We also had Key Club Members from Sensei Angelina Nguyen's organization come out and volunteered their time to help with Yosemite St. Village Cleanup in the Gardens and help setup lights at the dojo. Thank you all!

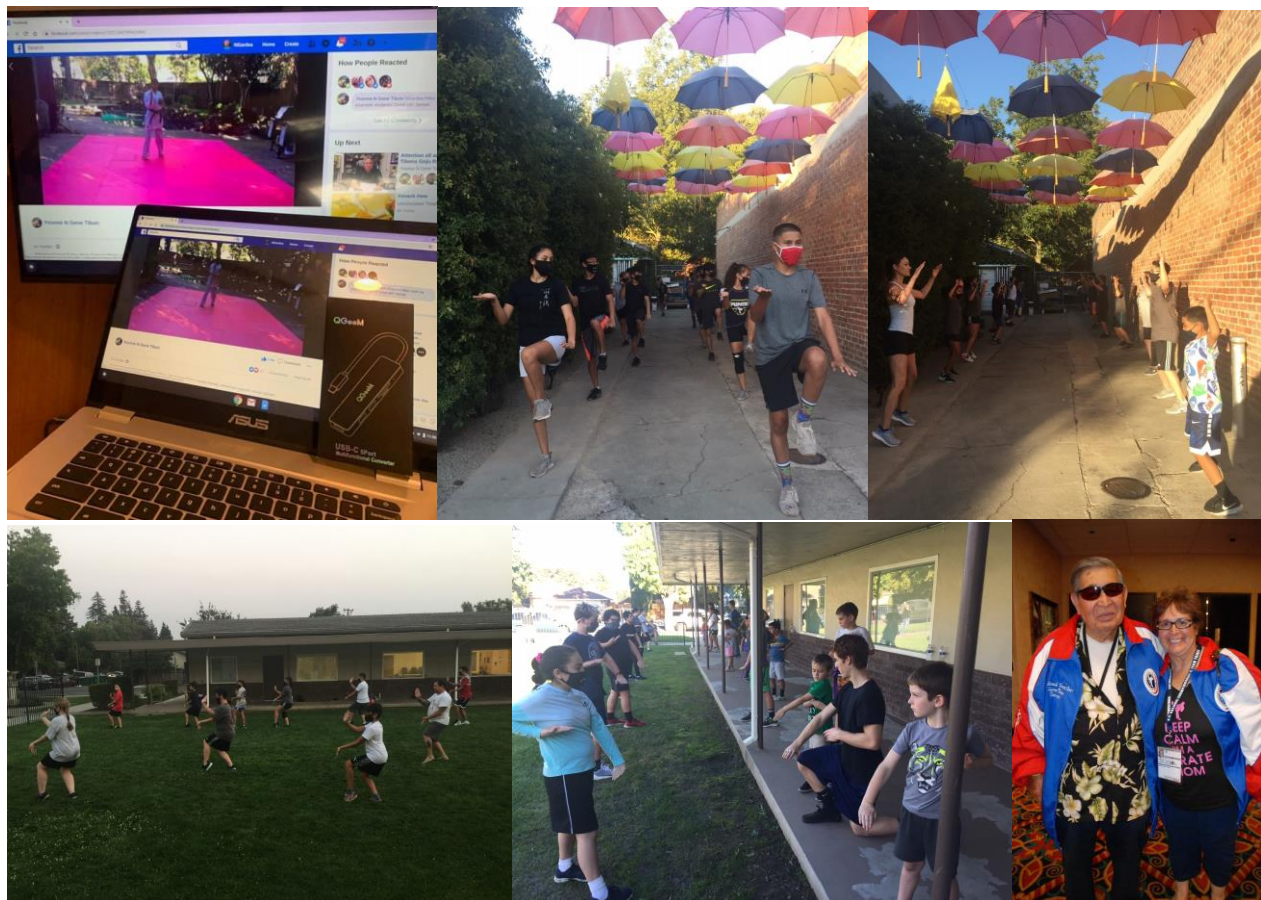


Tibon's Goju Ryu Fighting Arts students and families all participate in getting the dojo ready for the holiday season and getting a new roof on our dojo. Due to the vibration of the work on the roof it would shake some of our larger photos off the wall and break. So, if you see the lobby and the dojo floor look a little empty on the walls this is the reason why. We want to thank our karate parents like Cheila Rosencrans for marking and itemizing the frame location when we put them back, Tina Vaughn for her help and support in all parts of the day, a special thank you to Rob and Renee Carruth, Joey's parents who donated the money to pay for the donuts, and pizza for all the 35 plus volunteers who helped for the day. Mrs. Tibon and I are so blessed to have so many wonderful karate parents and students in our lives to help keep our program the best in the San Joaquin Valley! Happy Holidays to everyone! Sensei Gene Tibon and Yvonne Tibon

Dojo Lighting Crew Continued



Tibon's Goju Ryu Fighting Arts
Reflecting on just 12 months ago where we were at to this month 2020!
Focus-Discipline-Respect-Sacrafice-Confidence-Strength-Determination-Accomplishment
Our Product - Incredible People
Join Us on the Tatami Mat or on the Grass!



MODESTO GYMSTARS
VIRTUAL KARATE CLASSES
 WITH SENSEI CHRIS

THURSDAYS
 4:30 5 BEGINNER
 5:15 5:45 COLOR BELT

FRIDAYS
 4:30 BEGINNER
 5:15 5:45 COLOR BELT
 6 6:30 CONDITIONING

TIBON'S GOJU RYU SUMMER IN HOUSE
INVANTIONAL KARATE CHAMPIONSHIP

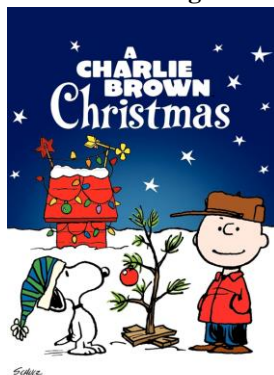


VIRTUAL KARATE CLASSES
 WITH SENSEI ALYSSA

MONDAY & WEDNESDAY
 1PM ORANGE, BLUE, PURPLE, &
 GREEN BELTS
 5PM SENSEI TIBON - BROWN & BLACK BELTS
 DM FOR ZOOM INFO

TIBON'S GOJU-RYU - Fighting Arts

Now WE ARE BACK in the Dojo's!
Looking Forward to seeing you back on the mat training getting ready for a great competition year~



Tokubetsu Class Returns
National, International, Pan-American Competitors
Developmental Advance Competition Program
Taught by Sensei Adam Tibon 5th Dan 8 Yrs. Team USA Tokubetsu-1
Sensei Brian Embry 3rd Dan 4 Yrs. Team USA Tokubetsu-2
Prepare for USA Nationals in Washington 2022 and
Ozawa Cup Internationals Las Vegas, NV 2022
Steveston 49th Annual International in Canada
Saturday's 4:00p-5:30p on Specific Dates
Starting January 2nd, 2022 Sunday's 1:00p-2:30p

Who can go to this class? All rank students who are committed to competing in State, National, International, and Pan-American Competition, or are members of the USA National Senior and Junior Team **What is the purpose of Tokubetsu?** The word Tokubetsu means, “ongoing development towards excellence”. The purpose of the class is to create a **high-level competition kumite class** for the students who desire to develop and travel to the highest level of competition in the USA. All our Team USA Athletes have trained in this class to prepare for this level of competition. You must have your own fighting gear to be in this class.

To develop the technical and physical understanding to prepare them the USA National Team Trials for the National Team under the USA Olympic Committee, and for the next international tournament on the posted calendar. **What is the commitment to Tokubetsu?** This class is very committed and for the very serious student. Students are required to call into the dojo if they are going to be absent. There are only a few acceptable excuses to miss class are as follows: Work, school, church, family reunion, family vacation, or sick.



Sensei Adam Tibon at the Pan-Am's in Canada, the Uchiage Kai Internationals – Tokubetsu 1 now started



Sensei Brian Embry 3rd Dan Ozawa Cup International Grand Champion Kumite and Silver Medal Curacao Pan-Am's Internationals – Tokubetsu 2 starting January 2, 2022

**Tibon's Goju Ryu Fighting Arts Small Business Saturday
Thanksgiving Sale Weekend
November 27th Saturday**

If You Missed the Sale, You Could Contact Mrs. Tibon on the Tuition Specials



Small Business Saturday and Jr. Intro Karate Class taught by Sensei Cat and Sempai Zoe

Tibon's Goju Ryu Fighting Arts Main Dojo Now Open!
For Indoor Classes
New Schedule Starting July 6th Tuesday Below

The new class schedule is:

Monday

First class Color Belts – Juniors

4:30-5:30p

Second class Color Belts – Juniors

5:45-6:45p

Beginning-Novice- Intermediate Weapons

7:00-8:00pm

Tuesdays and Thursday

First class Beginning Level – Juniors 4:30 - 5:30p

2nd class Beginning Level – Juniors 5:45 – 6:45p

3rd class Beginning Level - Teen Adults 7:00-8:30p

Wednesday

First class Color Belts – Juniors 4:30-5:30p

Second class Color Belts – Juniors - Teens 5:45-6:45p

Third class Black and Brown Belts – 7:00-8:30p

Friday

Mighty Mite: 4,5,6 yr. old- Time is Friday 4:30-5:30p

2nd Advance Class Green, Brown, Black 6:00p – 7:30p

Saturday

1st Class Mighty Mite: 4,5,6 yrs. old 11:00-12:00n

2nd Class Color Belts Orange – Purple 12:15 – 1:15p

3rd Class Green-Brown-Black Advance 1:30-2:30p

4th Class Advance Weapons Brown Black 2:45-3:45p

5th Class Tokubetsu Advance Competition Class 4:00- 5:30p

Sunday – Starting January 9, 2022

1st Class Tokubetsu-2 Advance Competition Class 1:00p-2:30p

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo - Celebrates 37 Years

Sensei Gene Tibon 8th Dan

Sensei Adam Tibon 5th Dan

Sensei Ronny Guzman 3rd Dan

Sensei Brian Embry 3rd Dan

Sensei Elijah Infante 2nd Dan – Sensei Francis Yang 2nd Dan-

Sensei Annie Tran 1st Dan- Sensei Aaron Tran 1st Dan



A tough year of rebuilding for sure! The 2021 year along with last year 2020 will be a time in our dojo history that we will never forget. **For our dojo to be the most successful martial arts program in the Central Valley and then forced to be shut down for 11-1/2 months almost closed our karate business down for good.** But with the incredible black belt staff, dedicated supportive students, karate parents who continued to support us with attending our Zoom Karate classes, our outdoor karate classes on the front lawn of the house of the Lord at Carson Oaks Community church, thank you Pastor Paul Stanley, the Catalyst Umbrella Ally for the two weeks of karate classes across the street from the dojo. It helped jump start us back up and getting our karate school active again after being in business for the past 36 years, and then abruptly shutdown by the Governor was a shock to say the least. **But we are surviving with your help! Please promote our program to your friends and relatives looking for a great karate school.**

As we now have reopened all of our karate classes and our satellite and chapter schools, we are working to build our student base back up to pre-pandemic levels again. This year we celebrate the holiday season with being so grateful for Thanksgiving with our family, **even though in January 2021 due to Covid 19 we lost Yvonne's father, Frank Toloy** everybody called **"Grandpare."** He was our biggest cheerleader at the various karate tournaments we travelled to with him in the stands cheering for all our students. We miss him every day, but we carry on continuing what he was so proud to be a part of. He was our biggest promoter at his Senior Living Center there wasn't a day he didn't wear one of our tee shirts or a sweatshirt promoting the dojo.

We just had our official group promotion testing in November and look forward to the promotion ceremony on Friday December 17th at 7:45pm by the vote of the parents wanting to bring the promotion ceremonies back at the main dojo.

Perfecting technical skills and strength and conditioning the contact training is going to be incredible for our karate students with self-defense tactics and techniques along with Goju Ryu kumite concepts. Students who will be participating in this class will need their fighting gear. Much of the gear must be special ordered. We ask that the students pay in advance when their order their gear. See the front counter employee to be fitted for your gear.

We look so forward to our students preparing for promotion testing for their new ranking levels. Once promoted the beginning level students will then move into the Monday, Wednesday, or Saturday classes.

Exciting times ahead, looking forward to a successful 2022!

Sensei Gene Tibon and Yvonne Tibon office Manager

(209) 915-7177 Yvonne Cell and (209) 406-2776 Sensei's Cell

Stockton GymStars – Celebrates 22 Years
Sensei Asa Thurston Chief Instructor 3rd Dan
Sensei Allison To 1st Dan



Message from Sensei Asa:

New Camp Class Days Added to GymStars

This month has been a very fun one. We've seen many of the mini camps grow bigger and so many students working harder and harder truly taking things to the next level!

On a side note, we have had some schedule changes with some of the mini camps. The new schedule will be listed below along with which sensei teaches them

Monday: Sensei Asa/ Sensei Allison

3:30-4:25, 3-6 year-old white/yellow belts
4:30-5:25, Orange/Blue belts All ages
5:30-6:25, 7-16 year-old white/yellow belts
6:30-7:25, 7-16 year-old white/yellow belts

Tuesday: Sensei Allison

3:30-4:25, blue/purple/green belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, yellow/orange/blue belts All ages

Wednesday: Sensei Asa

3:30-4:25, yellow/orange/blue belts All ages
4:30-5:25, 7-16 year-old White/Yellow belts
5:30-6:25, 3-6 year-old White/Yellow belts
6:30-7:25, 7-16 year-old White/Yellow belts

Thursday: Sensei Allison

2:45-3:25, 3-5 year-old beginners
3:30-4:25, 7-16 year-old white/yellow belts
4:30-5:25, yellow/orange/blue belts All ages
5:30-6:25, blue/purple/green All ages

Friday: Sensei Allison

3:30-4:25, 7-16 year-old White/Yellow belts
4:30-5:25, 3-6 year-old White/Yellow belts
5:30-6:25, 7-16 year-old White/Yellow belts

Saturday: Sensei Allison

9:00-9:55, 3-6 year-old White/Yellow belts
10:00-10:55, 7-16 year-old White/Yellow belts
11:00-11:55, Orange/Blue/Purple belts All ages

United Bay Area Karate Club – Grand Opening August 1st

Sensei Joane Orbon Chief Instructor 3rd Dan



Dear Goju Ryu Uchiage Kai Families,

Happy October! The year has been continuing to fly by and we are nearing the start of a new year.

Sensei Tibon, Sensei Asa and I cannot wait for the day my students are able to meet everyone in the organization: peers, senpais, and sensei's. We've completed our 3rd Quarter Belt Testing over the last month and students continue to become sharper and stronger each time. With welcoming our first set of full solid blue belts, UBAKC has welcomed our first novice leveled students.

UBAKC San Jose has continued to extend throughout the South Bay Area and have also opened our first satellite program at a local heritage school. We hope our reach will continue to grow as we teach karate and our mantra of Respect, Discipline, and Loyalty all throughout the Bay Area.

Have a great month!

All the best,
Sensei Joane Orbon
3rd Dan Goju Ryu Uchiage Kai
Chief Instructor of UBAKC San Jose



**Modesto GymStars – Celebrates 17 years
Sensei Chris Inman Assistant 2nd Dan**

Message from Sensei Chris:

Modesto GymStars is starting to grow, and our student base is growing. **We are currently setting up a new Monday class taking names to fill the class.** I am very proud of my students, who are working hard to prepare and ready themselves for testing for their next rank level. Everyone is had dedicated themselves to learning as much as they can to be ready to test in front of Sensei Tibon 8th Dan Chief instructor of our organization. The help that the Sempai's (senior students) assistants bring to the floor shows and helps the students grow by example. As the old saying goes, you learn you teach, you teach you learn, and it shows in both student and assistant. Good work in all always keep trying to improve yourselves.

Thanks, Sensei Chris Inman



**Hiers Goju Ryu – Celebrates 25 years
Sensei Chris Hiers Chief Instructor 4th Dan
Sensei Janelle Hiers Assistant 2nd Dan
Sempai Maddie Hiers Assistant 1st Dan**



Hiers Karate School

In the month of October, no new news or updates, have a great month of training!

TIBON'S GOJU RYU

ARTS

DOJO TIPS

Tibon's, Stockton & Modesto GymStars, Hiers, United Bay Area Dojos

Please refer to dojo etiquette regarding conduct, dressing, and grooming and health standards. Please no jewelry or gum on the dojo floor. Cut nails and clean karate uniforms and showered clean students. Teens especially and adults wear deodorant for presentable training in the dojo.

Regarding in house sparring, we require Mandatory Safety equipment for Kumite:

All gear is to be furnished by the student except for headgear and chest protectors, which are at the discretion of the student or the parent for purchase. Some students like their own headgear and chest protector. Students in color belt class are required the following:

- 1. Hand gear and feet gear.**
- 2. Mouthpiece**
- 3. Groin protection for boys**
- 4. Girls and boys can purchase the new body chest plates if desire.**
- 5. Shin pads and forearm pads are optional but recommended for new students.**
- 6. Headgear is optional but can purchase your own.**
- 7. Chest gear is optional but can purchase your own.**

Sparring equipment is mandatory for all students it must be in good condition with no cutting edges. Each student must keep nails trimmed and hair clean.

The students will have sparring in the color belt classes. The training is intense and strict no horseplay, or disrespectful attitudes will not be tolerated.

No contact to the face or groin is permitted. You may score to the face and groin, but you cannot make contact. No contact to the joints is allowed.

The system of rules and regulations enforced and controlled by a qualified instructor.

At Tibon's Goju Ryu we have very strong traditional ties to Karate in Japan, and Canada, and promote the development of strength of character, discipline, citizenship, good role modeling, and spirit.

Any infraction of the rules will terminate your enrollment.

Thank you,

Gene Tibon Sensei 8th Dan Goju Ryu Uchiage Kai

Sensei Corner

Sensei's Corner

Commonly Used Japanese Terminology in a Karate Club

- *Dojo*: school, training place
- *Karate*: "empty hand"
- *Karate-do*: the way of empty hand
- *Sensei*: Teacher
- *Sempai*: senior (higher rank or position)
- *Kohai*: junior (lower rank or position)
- *Dohai*: peer, equal (same rank or position)
- *Obi*: belt
- *Gi*: karate uniform
- *Seiretsu*: Line up
- *Kiotsuke* : Attention
- *Rei*: bow
- *Mokuso*: Mediation, reflection
- *Mokuso Yame*: Stop the meditation, reflection
- *Kokki Ni Mukkatte, Rei* : Respect to the flag
- *Sensei, onegaishimasu, rei*: Teacher, please train us, bow
- *Yame*: Stop
- *Naotte*: at ease
- *Mawatte*: Turn around
- *Yoi*: preparation, ready
- *Kime*: focus
- *Kihon*: fundamentals, basics
- *Yasume*: rest, at ease
- *Seiza*: kneel down
- *Kiai*: yell, expression of breath control
- *Karate-ka*: Karate student, practitioner
- *Keiko*: practice
- *Otagai- ni-Rei*: To each other, bow
- *Ossu*: an expression of respect, "push patience"

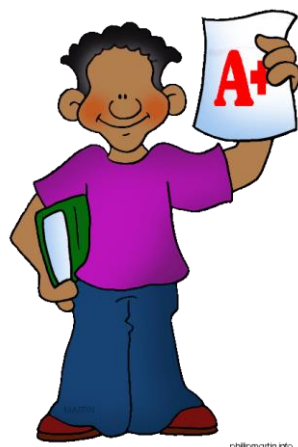
Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

**Connecting Waters Charter School
Visions in Education Charter School
New Jerusalem Elementary Charter Program
Pacific Charter Institute Charter Program
Rio Valley Charter School
St. Mary's High School P.E. Alternative Grades
Lincoln High School X-Sports Program**



Tibon's Goju Ryu Fighting Arts Organization Update



Dear Parents, Students, Leadership, and Friends,

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **We MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training **EACH PERSON HAS OPTION TO WEAR MASK IF HAS BEEN VACCINATED. IF NOT VACCINATED WE REQUIRE YOU WEAR FACE MASK. THIS IS THE SAME FOR STUDENTS UNLESS BREATHING ISSUES OR VERY YOUNG.** We would prefer distancing in the lobby and have provided outdoor seating with television monitor of students live training in the dojo. Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **We ask parents and students wear a face mask is OPTIONAL IF HAS HAD VACCINATION with NO VACCINATION MUST STILL WEAR FACE MASK.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have CONTACT training with Karate basics, Kata(forms), strength and conditioning drills. Kumite(fighting) will resume since the Governor removed mandate on June 15th, 2021.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon (209) 465-0943 office