



# Tibon's Goju Gazette



www.tibonkarate.com

May 2020

## Tournaments & Events This Year

May 24, 2020 Sunday Northern California National Qualifier  
River Valley High School Yuba City, Ca ONLINE Registration  
Opens February 10, 2020 at NCKF2020.MYUVENTEX.COM

CANCELLED DUE TO COVID-19 IS SAFE - Karate Camping Trip  
hosted by Tibon's Goju Ryu and USANKF Of Northern California, Inc.  
regional sports organization non-Profit 501(c)3, USA Grassroots Karate  
Program Camp Richardson South Shore, Lake Tahoe

USA Karate Nationals and USA Team Trials July 9-12th,  
2020 in Spokane, Washington. FEDERATION IS WORKING ON  
CANCELLING NATIONALS. TBA

Tibon's Goju Ryu 36<sup>th</sup> Annual IN-HOUSE Winter Tournament Being  
Scheduled for December 2020, and Black Belt Testing Exam. TBA!

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**Welcome New Students**  
**Tibon's Goju Ryu Organization**

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### **Promotion Testing!**

May 2020 Promotion Ceremony 7:15p Friday - TBA  
Saturday May 2020 Promotion Testing 2:15pm - TBA  
White & Yellow, Orange and Up Combined testing!  
Start checking in 2pm - Need Leadership for Testing Saturday!

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**Annual Tibon's Karate and USA Grassroots Karate  
Camping Trip South Shore Lake Tahoe has Been  
Cancelled Due to COVID-19  
Camp Richardson Closure**

**We are looking at a One Day Field Trip to  
Santa Cruz for Ocean Beach Training.  
More Information to following during the  
Summer See the Front Counter for more  
information. Than you, Sensei Tibon**

**California Gavin Newsom Continues State Required  
SHELTER IN Still In Place!**  
**Tibon's Goju Ryu Fighting Arts Organization  
Closes all Dojos**

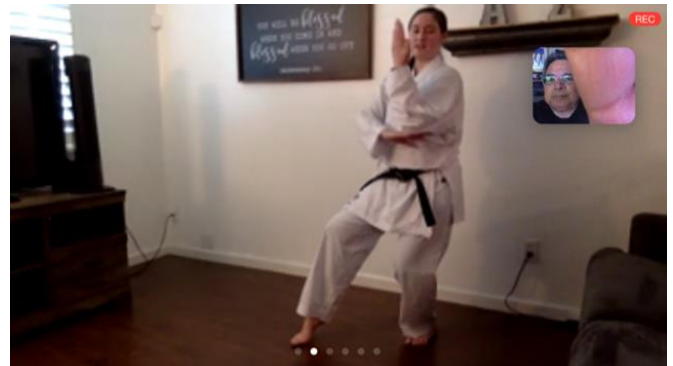
**When Governor Lifts the SHELTER IN Mandate  
We will Open the Next Day With our Handwashing  
Stations, Temperature Entry Process, and Facemasks  
for Lobby Sitting for Continued Safety at the Main Dojo**

**Our Other Satellite Will Have Similar Safety Process  
for  
Continued Goju Ryu Karate Training Sensei Tibon Has  
Many of Our Top Black Belts help set up  
Virtual Karate Classes on Facebook  
Please Request Friend Status on "Tibon's Goju Ryu  
Karate Virtual Class"  
Facebook Page, and YouTube Page**

**We will ask which Dojo, who is your Sensei, and Name of  
your family member actively training. Once you respond on  
Facebook Messenger, we will approve you to access videos so  
your family can access the training. There are 24 videos for  
each level of required rank promotion requirements, training  
drills, and Zoom Classes.**

There is enough information which would take the average  
student 4-5 years to learn it all at the proficiency level required to  
pass your test.

Sensei Tibon feels if you practice as much as 5 days a week while  
your child is at home from school it will give them something  
productive to do with focused activity. They could come back to  
class better than they were before the SHELTER IN mandate.  
See photos below for what to see on your screen. Be safe, take  
care! Sensei Gene Tibon 8<sup>th</sup> Dan.



**Sensei Alyssa Santos Teaches Zoom Classes**

## Tibon's Goju Ryu Karate Virtual Class Link to Facebook Page YouTube Training

I've loaded the classes on a new private Facebook page for just our students in our organization. Please notify your students who have P.O.'s for our karate program to go to **"Tibon's Goju Ryu Karate Virtual Class" Facebook page, and YouTube Private Group**. Request friend so we can accept them so they can participate in the Virtual Karate Classes. I'm proud to say that students from **Tibon's Goju Ryu, Hiers Goju Ryu, Stockton GymStars, Modesto GymStars, and United Bay Area Karate Club** have all joined the Tibon's Goju Ryu Karate Virtual Class Facebook page. We look forward to all our active students' parents **send in their friend request** so you can be on board with your continued work towards your promotion testing requirements. **We have 24 videos loaded for each of your levels**. It would take the average student 4-5 years to learn all the information on these videos.

<https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2Fgroups%2F2614400135471607%2F&data=02%7C01%7C%7C90ea05fa014d491afa4a08d7cf98fc0e%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637206128272106912&sdata=PxEh6bigxZy7%2FaxSszeQh3l7yqPND%2FGYfUrtkpq7kgw%3D&reserved=0>



These are the different Virtual Karate Class Videos on Facebook and YouTube Access

# Tibon's Goju Ryu Fighting Arts Organization



Dear Parents, Students, Leadership, and Friends,

**Our Karate dojo's will be Open for instruction for your training needs under the best conditions we can have for a clean safe training facility once the SHELTER IN MANDATE IS RELEASED.**

It is especially important for kids to have a normal schedule as possible. We feel strongly that the steps we've taken will help keep your child participating and learning here at **Tibon's Goju Ryu Fighting Arts** main dojo, and our satellite karate schools at **Stockton GymStars** have stopped until possibly May mid-month when Governor Newsom allows the opening of non-essential businesses to open. We are trying to coordinate when Stockton GymStars and Modesto GymStars when they will be opening their gymnastics, dance, karate classes, and Hiers Goju Ryu coordinate opening. United Bay Area Karate Club is still closed for expansion and remodeling.

At **Tibon's Goju Ryu Fighting Arts**, the Main Karate Dojo at 923 N. Yosemite in Stockton this is what we are doing. **We MANDATORY HAND WASHING STATIONS at the front door** before anyone can even enter the facility. Then before sitting in the lobby and going on the karate mat for training each person is **TESTED WITH A TEMPERATURE MONITOR that is non-contact tester to a person's forehead that reads the person DOES NOT have a temperature HIGHER THAN 97-99 DEGREES IS NORMAL**, and can enter the building. We would prefer distancing in the lobby with facemasks. Our goal is to have everyone in the dojo feeling safe and being safe from the virus.

- We have **Mandatory Hand Washing Stations at front door** before entering dojo.
- **Temperature test checking for fever higher than the normal of 97-99 degrees before can enter lobby and dojo. We ask parents wear a face mask with proper social distancing or wait in your car during classes.**
- We have wellness stations at the front desk including and sanitizer and tissues.
- We also have our sinks supplied with sanitizing soap in the restrooms.
- We have sanitizing station in each room.
- Staff are wiping down common surfaces between classes and throughout the day.
- Instructors and students are washing their hands before, in the middle, and after each class.
- All our mats are cleaned and sanitized with a hospital grade sanitizer each day.
- We have our employees cleaning daily to clean and sanitize the facility.
- **Our classes have all been instructed to have training distance of 6ft separation be non-contact training with Karate basics, Kata(forms), strength and conditioning drills. No Kumite(fighting) until COVID 19 lift.**
- Our makeup class policy has been extended to give you credit to making up your classes when needed.
- We ask any families that are traveling to use a great deal of caution and ensure they are free from any illness before returning to class. Children are not really being affected by the virus and that is a blessing, but we do want to ensure we are keeping Grandma's and Grandpa's safe as we can.

We are here to help our families during this period. As with everything, this too will pass. We want to thank everyone for their support and patience during this time.

Thank you,

Yvonne and Sensei Tibon

(209) 465-0943 office

(209) 406-2776 Sensei Tibon's cell

(209) 915-7177 Yvonne Tibon's cell

**Congratulations 2020 Graduates from High School to Universities!**  
**Tibon's Goju Ryu Graduation of 100% of our Black Belt Advance Students**  
**Graduate from High School and**  
**95% Go on to Universities and Colleges to Receive Degrees**



**Alyssa Santos** AA Degree  
From San Joaquin Delta  
Headed to Stanislaus State  
For BS Degree



**Andrew Moore** graduating with Bachelors of  
the Arts Metropolitan State University of Denver  
Elementary Education with focus in Child Psychology



**Dylan Tibon** Graduates from  
Christian Brothers HS headed  
to Gonzaga University



**Annie Tran** Bear Creek HS  
Grad headed to San Joaquin  
Delta College towards AA



**Caleb Stanley** Lincoln HS Grad  
headed to Ellerslie in Windsor,  
Colorado Christian College



**Cat Vaughn** Linden  
High School Grad  
headed to SJ Delta



**Matthew Mojica** Benjamin  
Holt Academy will be going  
to UC Berkeley this Fall

Tibon's Goju Ryu Fighting Arts are so proud of our students who continue to prove that being great on the dojo floor and taking that work ethic to school they can excel to incredible levels of excellence. These students are all straight A students also and were consistent in their training and schoolwork. Congratulations! Photographs and information was provided by students who graduating. If you have graduated please submit your photos and information on the high school or university, you are going to attend. Thank you, Sensei Tibon

**Messages from Charter School Students and Families**  
**From Various Charters**  
**Please Read if You are a Charter School Family**

Hi Gene,

In terms of coordination for these classes: The assumption is that families should be aware that eVouchers have been created (since they requested and created them) and that they should still be connecting with you with regard to their desired services. The only change is the method of delivery for these classes. As a courtesy, you may send a mass bcc email to all families (vs individuals), letting them know of how classes will be conducted and how they may obtain access.

Take care,

**Aaron Goodly**

VENDOR SUPPORT

Visions In Education

5030 El Camino Avenue

Carmichael, CA 95608

916-883-1702

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Good Morning,

You are receiving this email because you've completed our form and we have activated you to provide Virtual Services to Visions In Education students. You will now see your Community Partner information listed as active on both our website and ordering system.

Visions has extended the deadline for families to order Virtual Vouchers to May 1st. Families were notified of this update as of 03/19/2020 through a Visions WIRE Post. You will still be able to continue to submit eVouchers for payment through the vendor portal. This payment process has not changed and you will be able to submit vouchers for payment as of the last date of the voucher service.

If you requested updates to your description, those changes have been completed; these description changes are *temporary*, and will revert back to your original for the next school year.

Thank you for your time and patience in this process.

**Aaron Goodly**

VENDOR SUPPORT

Visions In Education

5030 El Camino Avenue

Carmichael, CA 95608

916-883-1702

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## Connecting Waters Charter Students

Hi Gene,

Thank you so much for providing this information to me. I will be working on your account in the next few days. If I have any questions or need any further information, I will reach back out to you.

As a reminder you are approved at this time to resume services. The PO process should not hold up any services as I am working to get them reinstated. If you have any questions or concerns in the meantime please do not hesitate to contact me.

Thank you,

Dre Honore

Business Services Assistant

***Business Services Dept - Vendor Relations***

***Connecting Waters Charter Schools***

***12420 Bentley Street***

***Waterford, CA 95386***

***Phone: 209-874-1119 Ext. 106***

***Fax: 209-874-9531***

[www.connectingwaters.org](http://www.connectingwaters.org) and [cweastbay.org](http://cweastbay.org)

[https://www.ops-online.com/year20/cwcs/public\\_vendor\\_search.htm](https://www.ops-online.com/year20/cwcs/public_vendor_search.htm)

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I received a call from Malinda Miller the Business Services Coordinator for Connecting Waters Charter Schools. **Due to most students are using iPad or Laptops owned by Connecting Waters they don't allow the access to Facebook or YouTube. But if you have your own iPad, Laptop, or Smart TV of participating on the Tibon's Goju Ryu Karate Virtual Classes could be approved if you made the notification to Connecting Waters that you were using our Tibon's Goju Ryu Karate Virtual Classes for your education.** If you do have the ability to use on your personal IP, Laptop, or iPhone please contact Malinda Miller to let you her you are using our virtual videos for your children. Thank you, Sensei Tibon

Malinda Miller

Business Services Coordinator

Connecting Waters Charter Schools

12420 Bentley Street

Waterford, CA 95386

209-874-1119 ext.101

[mmiller@cwcharter.org](mailto:mmiller@cwcharter.org)

## **News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs**

### **Tibon's Goju Ryu Fighting Arts Main Dojo Sensei Gene Tibon 8<sup>th</sup> Dan**



Our prayers go out to all our students and families, who are part of our whole organization during this unprecedented time with the COVID-19 Virus. All of us are going through a difficult financial time and know it will be hard for some to afford to come back to our Karate studio for training. Mrs. Tibon and I have decided to offer a modified rate for several months to help those families hit hard by the COVID-19 Pandemic to afford to come back to class. We are also going through the same hardships and are working to survive as a business and are hoping this modification for a few months can help us all. Each satellite dojo will have their own modification rate because we are contractors in their facilities at Stockton GymStars, Modesto GymStars, and Hiers Goju Ryu. Bay Area Martial Arts Club in San Jose is still working on a grand opening, so those special rates will be worked out with Sensei Joane Orbon. We will continue to add training videos on our Tibon's Goju Ryu Karate Virtual Class Facebook page for your training needs. Sensei Joane Orbon and Sensei Alyssa Santos have both added workout training video to help with the Beginning to Advance training video modules. Together with the grace of God, we will survive this difficult time of COVID-19, and students can come back even better for our training students with the home training videos to assist their development.

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### **Hiers Goju Ryu – Celebrates 24 years Sensei Chris Hiers Chief Instructor 4<sup>th</sup> Dan Sensei Janelle Hiers Assistant 2<sup>nd</sup> Dan Sempai Maddie Hiers Assistant 1<sup>st</sup> Dan**

When I found out that Twin Arbors Sports Club and Hiers Goju-ryu would be closing due to the pandemic, I realized that overnight my life would be changing. It was so surreal to get off work with my first job and go home. I started to plan what I would focus on to better my life. I made a list and realized it was going to take a lot of work. Each day I have set aside time to work on my chosen areas. My family is first, and I am still working my other job but I'm finding time to grow and develop in those areas. I made the decision from the beginning that I would not waste my time. I will not get where I want to be overnight, but I chose to invest in my future a little bit each day. I'm continuing with exercise and nutrition, research and reading, and I found that I am making great strides to where I want to be. I'm fully enjoying the time with my family and working on a better version of me.

Sensei Chris Hiers

**Stockton GymStars**  
**Sensei Asa Thurston Chief Instructor 3<sup>rd</sup> Dan**  
**Sensei Brianna Udermann Assistant 2<sup>nd</sup> Dan**



The month of march has been a trial for the families with everyone having to go under isolation. With Stockton GymStars closing due to the virus I hope that all the students and their family's stay safe during this time. I've already seen students sending videos updating me on their training at home and how much they miss class and it makes me very proud to know that students are still training hard even without being able to come to class. Also, I just want to make sure everyone knows I miss you all so much and look forward to everyone coming back Mid May when Stockton GymStars is planned to reopen. Until then everyone stays safe and keep on training until class starts again.

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**Modesto GymStars**  
**Sensei Eric Bonjoc Chief Instructor 2<sup>nd</sup> Dan**  
**Sensei Chris Inman Assistant 2<sup>nd</sup> Dan**

Hello everyone,

As of 3/26/19 Modesto GymStars will remain closed for the entire month of April until further notice. There are many unknown factors regarding COVID-19 and in order to prevent it from spreading we must take precautionary measures and remain at home for the time being. With that being said, Sensei Tibon has created new "Tibon's Goju Ryu Karate Virtual Classes" on Facebook in order to keep our students prepared and able to train for their next belt rank at home. Please request to be a friend to have access to the Facebook page. Thank you for your patience and staying with us through this time. I look forward to seeing you all once things get back to normal.

Sensei Eric

**United Bay Area Karate Club**  
**Sensei Joane Orbon Chief Instructor 3<sup>rd</sup> Dan**  
**Sensei Joane Orbon Message and Updates**



Dear Tibon's Goju Ryu Families,

I hope you all have been safe and well.

On behalf of United Bay Area Karate Club, I encourage everyone to continue with all the recommended measures of safety in protecting themselves and their families against Covid-19. It is for this reason I have postponed the opening of my San Jose location until further clearance from the government.

We have also seen news that the 2020 Tokyo Olympics has also been postponed. This allows me to prepare confidently and comfortably, as well as finish the build out of Uchiage Kai's newest branch. My last chance to the Olympic Games is still the Last Chance Qualifier which will be held in Paris and is also postponed indefinitely.

So, in taking advantage of this time back home, I have strengthened and refreshed myself from the months of training and traveling by continuing with my Olympic training program of constant outdoor cardio, plyometric workout, karate conditioning, and measured meals.

Please take this time and reevaluate and refocus on your fitness goals, be with family, and stay connected with our karate community. I will also be releasing workout videos that anyone at home can follow at home and live stream some of my karate training. If you are interested please, stay connected with my social media accounts @joaneorbon (Facebook and Instagram).

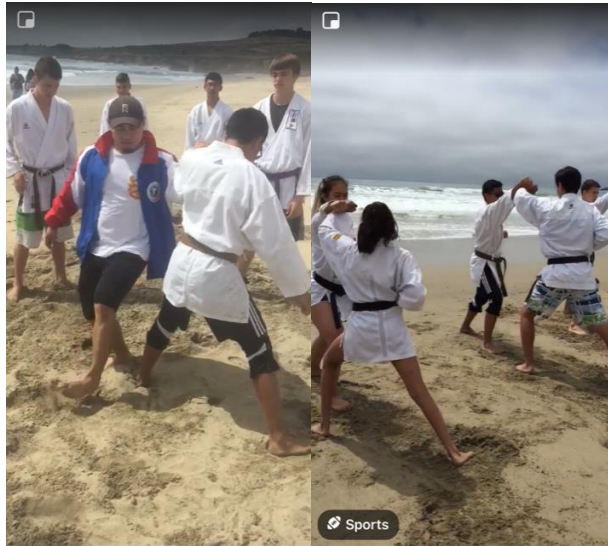
Enjoy and be safe!

All the best,  
Sensei Joane Orbon  
[United Bay Area Karate Clubs | Karate in the Bay](#)  
Philippine Olympic Karate Team

# **Tibon's Goju Ryu Fighting Arts – USA Grassroots Karate Camping Trip**

## **Cancelled Due to Covid-19**

**Camping at Camp Richardson Lake Tahoe**

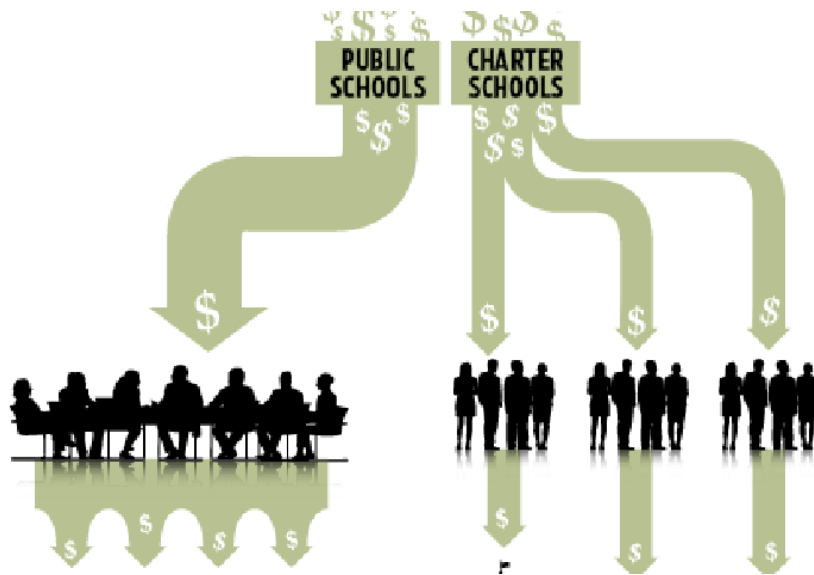


**We are planning a Santa Cruz Ocean Training on a One-day Field Trip. Pack up the lunches, snacks, chairs for a great day of training. We will keep you posted when we plan to do this sometime this Summer.**

**It will be on a Saturday or Sunday once the COVID-19 is under control.**

**If interested, please sign up at the front desk. Please contact Mrs. Tibon, Sherri Helsby, Alyssa Santos, Vohn Hosey, or Courtney Embry**

**(209) 465-0943**



## Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin  
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at  
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

**We are currently working with the following:**

**Connecting Waters Charter School**

**Visions in Education Charter School**

**New Jerusalem Elementary Charter Program**

**Pacific Charter Institute Charter Program**

**Rio Valley Charter School**

**St. Mary's High School P.E. Alternative Grades**

**Lincoln High School X-Sports Program**

