



Tibon's Goju Gazette



www.tibonkarate.com

April 2020

Tournaments & Events This Year

May 24, 2020 Sunday Northern California National Qualifier
River Valley High School Yuba City, Ca ONLINE Registration
Opens February 10, 2020 at NCKF2020.MYUVENTEX.COM

On Hold until COVID-19 IS SAFE - Karate Camping Trip hosted by
Tibon's Goju Ryu and USANKF Of Northern California, Inc. regional
sports organization non-Profit 501(c)3, USA Grassroots Karate Program
Camp Richardson South Shore, Lake Tahoe

USA Karate Nationals and USA Team Trials July 9-12th,
2020 in Spokane, Washington.

Tibon's Goju Ryu 36th Annual IN-HOUSE Winter Tournament Being
Scheduled for December 2020, and Black Belt Testing Exam.

Welcome New Students Tibon's Goju Ryu Organization

Noah Beverly Bishop Elias-Navarro Hayden Russo Navor Gonzalez
Jayson Russo Maxx Ramos Cruz Blackburn Eli Dominguez
Emily May Giancarlo Ornelas Royce Ornelas Richard Black



Promotion Testing!

May 2020 Promotion Ceremony 7:15p Friday - TBA
Saturday May 2020 Promotion Testing 2:15pm - TBA
White & Yellow, Orange and Up Combined testing!
Start checking in 2pm - Need Leadership for Testing Saturday!



Annual Tibon's Karate and USA Grassroots Karate
Camping Trip South Shore Lake Tahoe
1900 Jameson Beach Road

Parents and Students

DUE COVID-19 WE ARE ON HOLD UNTIL SHELTER IN MANDATE LIFTED BY GOVERNOR GAVIN NEWSOM. We'll
Have a good idea if we can continue the Karate Camping Trip. Many
Family's have contacted me to say they are still interested once the
COVID-19 is in control. We'll keep all posted it could be our only
Vacation for the year! E-mail me if you are still interested at:
emtibon@hotmail.com

Lake Tahoe Camp Richardson. We need deposits for
Your camping site for the date of June 11 – 15, 2020.
The deposit is \$50 per person to lock in your place.
The cost is also \$50 per person for food for total of
\$100 per person for the whole weekend.

Please pay your deposit before they are sold out.

Deposits are non-Refundable.

Final payment due May 1, 2020

California Gavin Newsom Announces State Required
SHELTER IN First in History Announcement
Only Essential Business Can Remain Open!

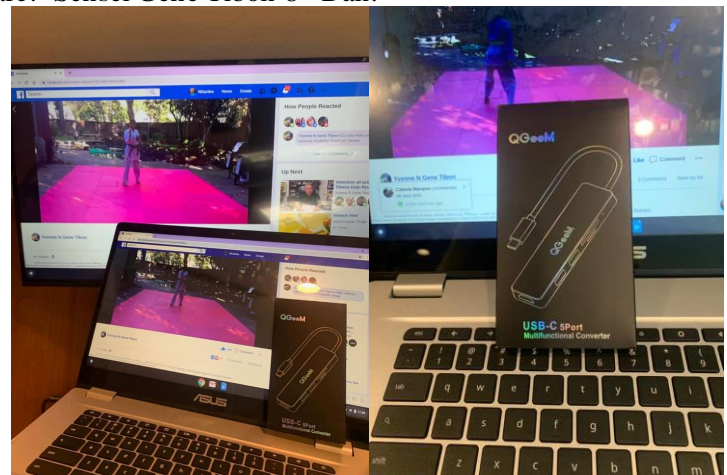
Tibon's Goju Ryu Fighting Arts Organization
Closes all Dojos

Until the Governor Lifts the SHELTER IN Mandate
We will Open the Next Day With our Handwashing
Stations and Temperature Entry Process for Continued
Safety at the Main Dojo

Our Other Satellite Will Have Similar Safety Process
for

Continued Goju Ryu Karate Training Sensei Tibon Has
Two of Our Top Black Belts help set up
Virtual Karate Classes on Facebook
Please Request Friend Status on "Tibon's Goju Ryu
Karate Virtual Class" Facebook Page

We will ask which Dojo, who is your Sensei, and Name of your family member actively training. Once you respond on Facebook Messenger, we will approve you to access videos so your family can access the training. There are 4 videos for each level of required rank promotion requirements There is enough information which would take the average student 4-5 years to learn it all at the proficiency level required to pass your test. Sensei Tibon feels if you practice as much as 5 days a week while your child is at home from school it will give them something productive to do with focused activity. They could come back to class better than they were before the SHELTER IN mandate. See photos below for what to see on your screen. Be safe, take care! Sensei Gene Tibon 8th Dan.



Messages from Charter School Students and Families
From Various Charters
Please Read if You're a Charter School Family

Hi Gene,

In terms of coordination for these classes: The assumption is that families should be aware that eVouchers have been created (since they requested and created them) and that they should still be connecting with you with regard to their desired services. The only change is the method of delivery for these classes. As a courtesy, you may send a mass bcc email to all families (vs individuals), letting them know of how classes will be conducted and how they may obtain access.

Take care,

Aaron Goodly

VENDOR SUPPORT

Visions In Education

5030 El Camino Avenue

Carmichael, CA 95608

916-883-1702

Connecting Waters Students

I received a call from Malinda Miller the Business Services Coordinator for Connecting Waters Charter Schools. **Due to most students are using iPad or Laptops owned by Connecting Waters they don't allow the access to Facebook or YouTube. But if you have your own iPad, Laptop, or Smart TV of participating on the Tibon's Goju Ryu Karate Virtual Classes could be approved if you made the notification to Connecting Waters that you were using our Tibon's Goju Ryu Karate Virtual Classes for your education.** If you do have the ability to use on your personal IP, Laptop, or iPhone please contact Malinda Miller to let you her you are using our virtual videos for your children. **Thank you, Sensei Tibon**

Malinda Miller

Business Services Coordinator

Connecting Waters Charter Schools

12420 Bentley Street

Waterford, CA 95386

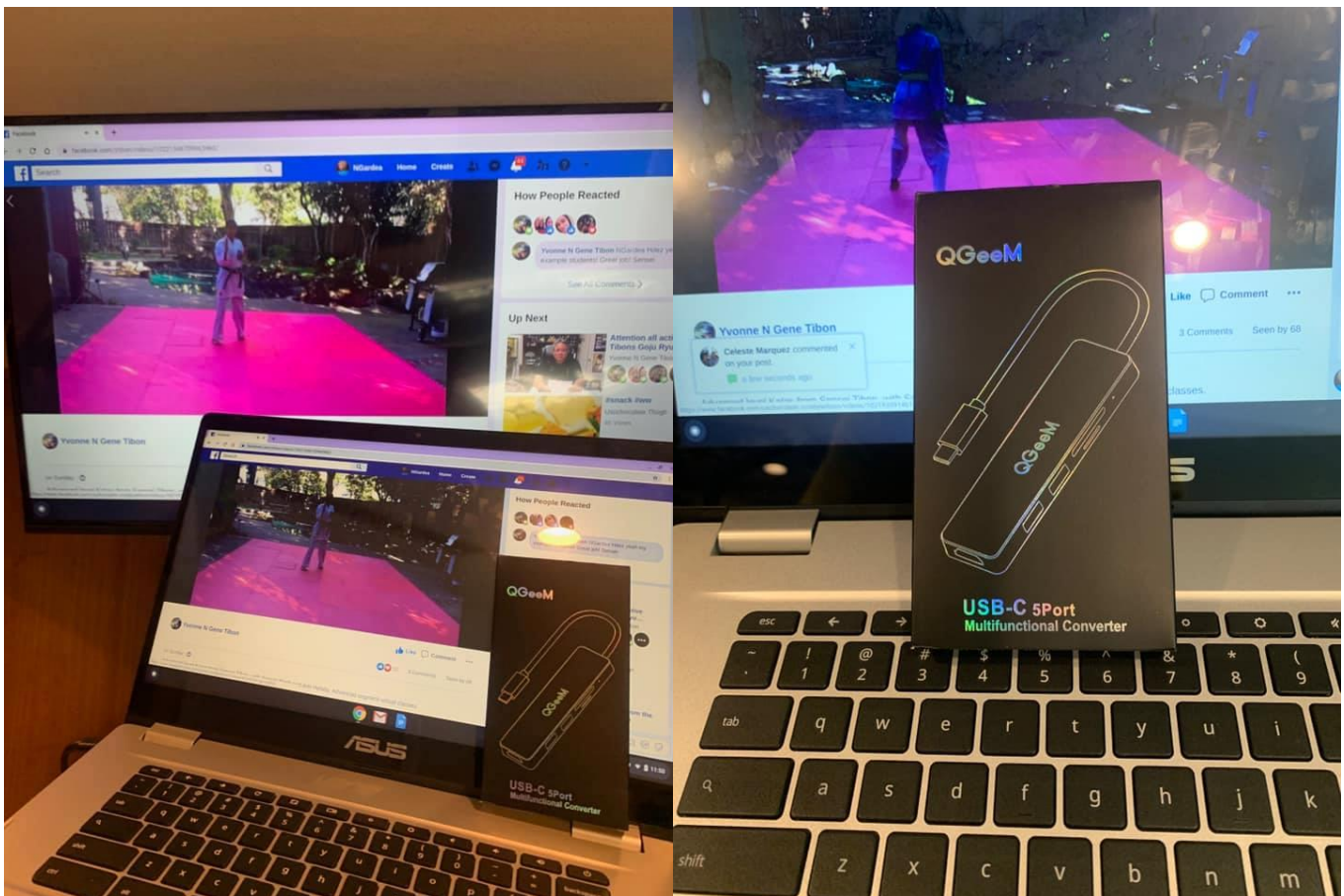
209-874-1119 ext.101

mmiller@cwcharter.org

Tibon's Goju Ryu Karate Virtual Class Link to Facebook Page Training

I've loaded the classes on a new private Facebook page for just our students in our organization. Please notify your students who have P.O.'s for our karate program to go to "**Tibon's Goju Ryu Karate Virtual Class**" Facebook page and request friend so we can accept them so they can participate in the Virtual Karate Classes. I'm proud to say that students from **Tibon's Goju Ryu, Hiers Goju Ryu, Stockton GymStars, and Modesto GymStars** have all joined the Tibon's Goju Ryu Karate Virtual Class Facebook page. We look forward to all our active students' parents **send in their friend request** so you can be on board with your continued work towards your promotion testing requirements. **We have 4 videos loaded for each of your levels.** It would take the average student 4-5 years to learn all the information on these videos.

<https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2Fgroups%2F2614400135471607%2F&data=02%7C01%7C%7C90ea05fa014d491afa4a08d7cf98fc0e%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637206128272106912&sdata=PxEh6bigxZy7%2FaxSxzeQh3l7yqPND%2FGYfUrtkpq7kgw%3D&reserved=0>



Here are photos provided by one of my great karate families, the Nancy and Carlos Gardea family with the USB-C5Port Multifunctional Converter that he is using on his big screen TV for his children's karate training.

Thank you,

Sensei Gene Tibon

Owner Chief Instructor - Tibon's Goju Ryu Fighting Arts- (209) 406-2776 cell

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

Tibon's Goju Ryu Fighting Arts Main Dojo Sensei Gene Tibon 8th Dan

Our prayers go out to all our students and families, who are part of our whole organization during this unprecedented time with the COVID-19 Virus. All of us are going through a difficult financial time and know it will be hard for some to afford to come back to our Karate studio for training. Mrs. Tibon and I have decided to offer a modified rate for several months to help our families afford to come back to class. We are also going through the same hardships and are working to survive as a business and are hoping this modification for a few months can help us all. Each satellite dojo will have their own modification rate, because we are contractors in their facilities at Stockton GymStars, Modesto GymStars, and Hiers Goju Ryu. Bay Area Martial Arts Club in San Jose is still working on a grand opening, so those special rates will be worked out with Sensei Joane Orbon. We will continue to add training videos on our Tibon's Goju Ryu Karate Virtual Class Facebook page for your training needs. Sensei Joane Orbon has added workout training video to help with the advance training video modules. Together with the grace of God, we will survive this difficult time of COVID-19, and students can come back even better for our training students with the home training videos to assist their development.

Stockton GymStars Sensei Asa Thurston Chief Instructor 3rd Dan Sensei Brianna Udermann Assistant 2nd Dan



The month of march has been a trial for the families with everyone having to go under isolation. With Stockton GymStars closing due to the virus I hope that all the students and their family's stay safe during this time. I've already seen students sending videos updating me on their training at home and how much they miss class and it makes me very proud to know that students are still training hard even without being able to come to class. Also, I just want to make sure everyone knows I miss you all so much and look forward to everyone coming back on April 17th when Stockton GymStars is planned to reopen. Until then everyone stays safe and keep on training until class starts again.

United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor 3rd Dan
Sensei Joane Orbon Message and Updates



Dear Tibon's Goju Ryu Families,

I hope you all have been safe and well.

On behalf of United Bay Area Karate Club, I encourage everyone to continue with all the recommended measures of safety in protecting themselves and their families against Covid-19. It is for this reason I have postponed the opening of my San Jose location until further clearance from the government.

We have also seen news that the 2020 Tokyo Olympics has also been postponed. This allows me to prepare confidently and comfortably, as well as, finish the build out of Uchiage Kai's newest branch. My last chance to the Olympic Games is still the Last Chance Qualifier which will be held in Paris and is also postponed indefinitely.

So, in taking advantage of this time back home, I have strengthened and refreshed myself from the months of training and traveling by continuing with my Olympic training program of constant outdoor cardio, plyometric workout, karate conditioning, and measured meals.

Please take this time and reevaluate and refocus on your fitness goals, be with family, and stay connected with our karate community. I will also be releasing workout videos that anyone at home can follow at home and live stream some of my karate training. If you are interested please, stay connected with my social media accounts @joaneorbon (Facebook and Instagram).

Enjoy and be safe!

All the best,
Sensei Joane Orbon
[United Bay Area Karate Clubs | Karate in the Bay](#)
Philippine Olympic Karate Team

Hiers Goju Ryu
Sensei Chris Hiers Chief Instructor 4th Dan
Sempai Maddie Hiers Assistant 1st Dan

Hiers Karate School celebrates 24 years

March was a much-anticipated month for the Hiers family. We were able to take a rare vacation to Maui. The trip was amazing, and it was so nice to get away from the fast pace of life. We returned Friday the 13th and we came back to a different world. I taught my classes on Saturday and everything seemed normal. I decided to stop by the store to pick up supplies and that is when I noticed things were different. I ended up waiting in line for two hours at the store which made me late for promotion test. I taught all classes Monday and then on Tuesday March 17th we were informed that Twin Arbors Sports Club was closing. It has been 10 days and we are not able to teach classes and are left wondering when we'll be able to return to classes.

So many people are facing hardships and watching the news can send you into a depression. However, I choose to find the positives and focus on that. For nearly twenty-five years my evenings have been at the dojo. I'm fully enjoying my time with my family.

We are getting things done and we're enjoying our time together. Time is so valuable. We never seem to have enough time. I have found ways to continue exercising and I am able to make connections with my family. I will not let things I have no control over bring me down and I will savor every moment I have been given with my family. Plan, prepare, stay safe but enjoy the precious time we all have been given with our families.
Sensei Hiers

Modesto GymStars
Sensei Eric Bonjoc Chief Instructor 2nd Dan
Sensei Chris Inman Assistant 2nd Dan

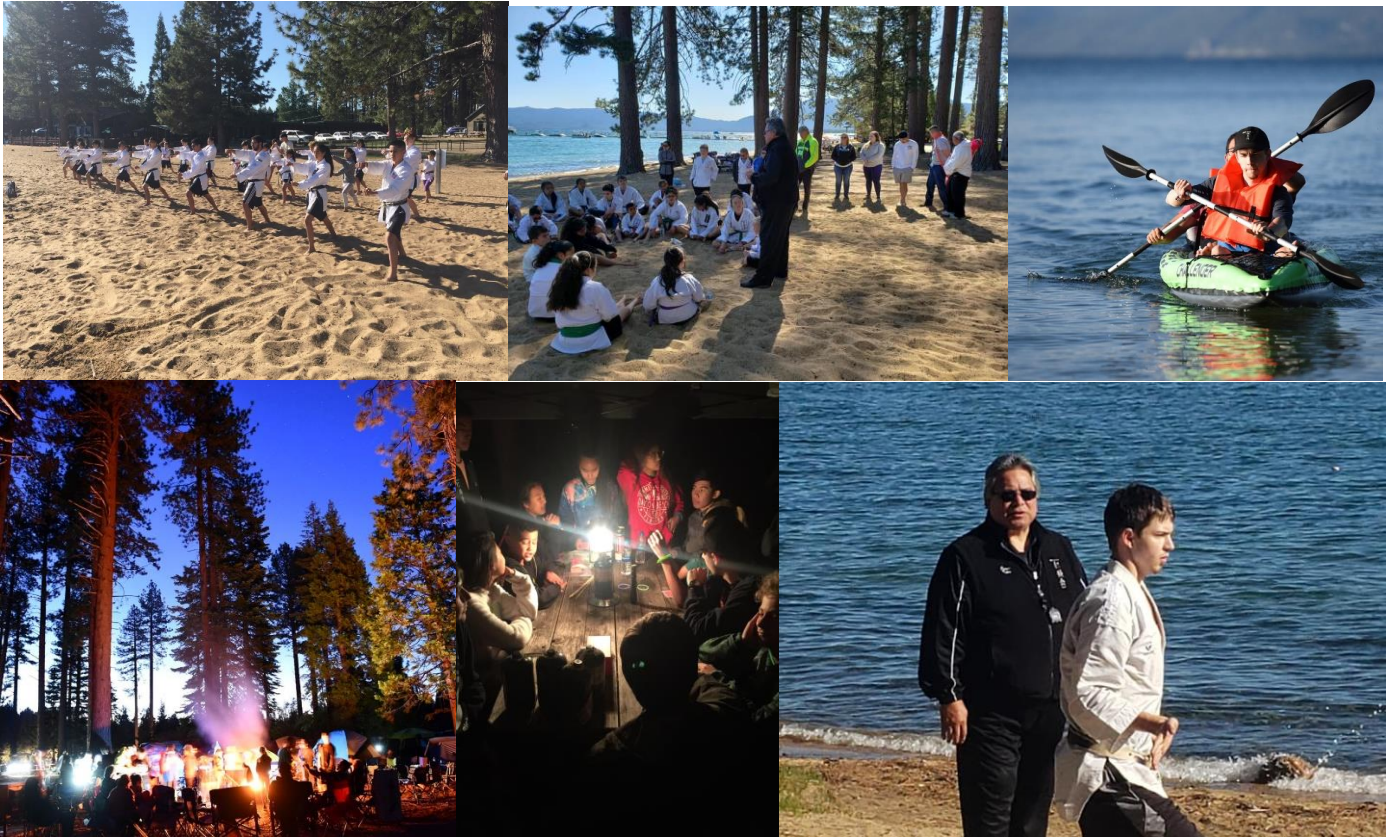
Hello everyone,

As of 3/26/19 Modesto GymStars will remain closed for the entire month of April until further notice. There are many unknown factors regarding COVID-19 and in order to prevent it from spreading we must take precautionary measures and remain at home for the time being. With that being said, Sensei Tibon has created new "Tibon's Goju Ryu Karate Virtual Classes" on Facebook in order to keep our students prepared and able to train for their next belt rank at home. Please request to be a friend to have access to the Facebook page. Thank you for your patience and staying with us through this time. I look forward to seeing you all once things get back to normal. Sensei Eric

USANKF of Northern California, Inc. Regional Sports Organization

Presents

Tibon's Goju Ryu Fighting Arts – USA Grassroots Karate Camping Trip



Date of Camping at Camp Richardson Lake Tahoe is June 11 - 15, 2020

On Hold Until COVID-19 Virus is Clear

\$50 Deposit fee per person toward secured camp site – non-refundable -

Deadline May 1, 2020 - \$50 per person for food for 4 days - Deadline May 1, 2020

If not Camping or Eating at Camp Site \$80 for Training Participation

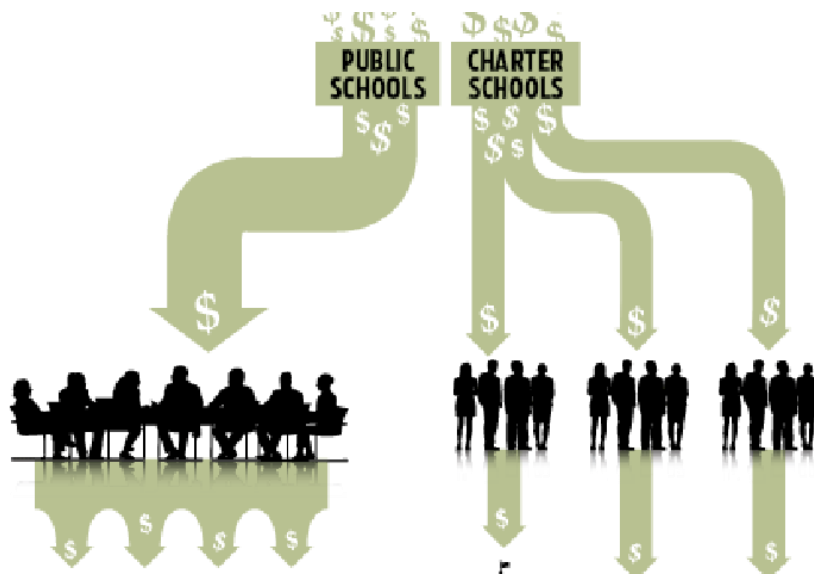
Fun, games, team building, karate training

If interested, please sign up at the front desk. The deposit will secure your spot

Any questions or concerns please contact Mrs. Tibon, Sherri Helsby, or Courtney Embry

(209) 465-0943





Charter School Students

**Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin
For P.E. Alternative School Program**

**Check Your Charter School to see if they will fund your Karate Lessons at
Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943**

We are currently working with the following:

Connecting Waters Charter School

Visions in Education Charter School

New Jerusalem Elementary Charter Program

Pacific Charter Institute Charter Program

Rio Valley Charter School

St. Mary's High School P.E. Alternative Grades

Lincoln High School X-Sports Program

