

December

		<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 Dojo Closed Thanksgiving Weekend	2 Weapons 7:30p-9:00p	3	4 Please Make Up Your Classes Early in the Month!	5	6 Mighty Mites 4:30- 5:30p Advance 5:30-7p Weapons 7-8:30p Sensei Uchiage Arrives	7 Mighty Mites 11-12n No Color Belt Class No Tokubetsu Class Volunteer Setup Tourny at Lincoln Gym at 2-4p loading mats and equipt at dojo 1:00 Black testing seminar 12:30p
8 No Tokubetsu-2 35 th Winter IN HOUSE Lincoln High School Referee Judges 8:45am Grand March 9:30a	9 Combined Weapons 7:30p-9:00p	10	11 Please Make Up Your Classes Early in the Month!	12	13 Mighty Mites 4:30-5:30p Advance 5:30-7p No Weapons Promotion Ceremony White/yellow/All 7:15p	14 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7 Promotion Testing 2pm White & Yellow, Orange and Up Combined testing
15 Tokubetsu-2 9-11am LEADERSHIP Final mtg for Year 11-1pm	16 Weapons 7:30p-9:00p	17	18 Please Make Up Your Classes Early in the Month!	19	20 Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p	21 Mighty Mites 11-12n 12n-1:30p Color Belts No Tokubetsu Annual Christmas Talent Show Party 4-8pm at Carson Oaks Community Church
22 Tokubetsu-2 9-11a	23 Weapons 7:30p-9:00p	24 Dojo Closed Christmas Eve 	25 Dojo Closed Christmas Day 	26 Dojo Closed 	27 Mighty Mites 4:30-5:30p Advance 5:30-7p Weapons 7-8:30p	28 Mighty Mites 11-12n 12n-1:30p Color Belts Tokubetsu 5-7p
29 Tokubetsu-2 9-11a	30 Weapons 7:30p-9:00p	31 Dojo Closed Bring on the NEW YEAR! 	1 Dojo Closed Happy NEW YEAR 	2 Dojo Open First Class of 2020!	29	30

2019



Tibon's Goju Gazette



www.tibonkarate.com

December 2019

Tournaments & Events This Year

Tibon's Goju Ryu 35th Winter IN HOUSE Invitational Karate Championships Sunday December 8th, 2019 Lincoln High School. Black Belt Testing December 7th, 2019 Saturday Main Dojo.

47th Annual Uchiage Tournament February 15, 2020 Steveston B.C. Canada.

Welcome New Students

Tibon's Goju Ryu Organization

Logan Dow Alexis Dendolk Aubine Rodriguez Ryder Jessup
Elijah Mompean Roman Metcalf Ethan Metcalf Ethan Canez
Prince Miles Lamar Daniel Christopher Rivera Moreli Carilo
Anahi Carilo

Welcome Back: Antonio Juventino



Promotion Testing!

December 13, 2019 Promotion Ceremony 7:15p Friday
Saturday December 14, 2019 Promotion Testing 2:15pm
White & Yellow, Orange and Up Combined testing!
Start checking in 2pm - Need Leadership for Testing Saturday!



Annual Tibon's Karate and USA Grassroots Karate
Camping Trip South Shore Lake Tahoe
1900 Jameson Beach Road
Parents and Students

Due to the cost of the Ocean Camping Sites being
Way to expensive we've decided to return to
Lake Tahoe Camp Richardson. We need deposits for
Your camping site for the date of June 11 – 15, 2020.
The deposit is \$100 per family per site to lock in
The sites before they are sold out. Deposits are non-
Refundable. Deposit deadline is January 31st 2020.

Tibon's Goju Ryu 35th Annual Winter IN HOUSE
Karate Championships
Signups are Now ONLINE at
www.karateTmaster.com
Deadline for Registration is December 6th, 2019
Prepare Now for A Memorable Event!



Tibon's Goju Ryu Fighting Arts celebrates our 35th Annual Winter IN HOUSE Invitational Karate Championship at Lincoln High School on December 8th. Opening Ceremony for Grand march Starts at 9:30am with the Stockton Bukkyo Taiko Dan 16-person Drum Team! Don't miss this incredible event! Looking forward to seeing everyone there!

**Special Award Students to be awarded at
Tibon's Goju 35th Annual Winter IN HOUSE Karate Championships
For
5-35 yr. Training Anniversary Award List
Register for In House Tournament to Be Present to Receive Award!**

Students and parents the list of names are students who will be receiving an award for training years. If you think you should be receiving an award for your training for your 5 to 35-year anniversary, please notify the Main Headquarter Dojo at Tibon's Goju Ryu Fighting Arts at (209) 465-0943

Special Awards

Jaden Tuttle Joel Mustin Kaitlyn Nicholski Charlize Nguyen Kierstin Russu Jamie Yen Allison To Gio Montez Elizabeth Rinehart Jack Wilson Zachary Eve Bryant Stallnect Jaiden Smith Jaden Abundez Lucian Abundez Braden Bomar Brixton Delaserda Maira Gardea Cash Gapusan Zoe Harrison Oliver Hartz Nimran Shergill Samson Helsby Allysha Rivera Carissa Amador Esteban Amador Tahsaani Clayton Josie Colman Kayden Nguyen Aydin Shek Andrew Moore Sammy Helsby Cayla Gapusan Justin Love Annie Tran

5-year award

Jaiden Smith Jaden Abundez Lucian Abundez Brixton Delaserda Maira Gardea Eyob Getachew Cash Gapusan Zoe Harrison Oliver Hartz Nimran Shergill Samson Helsby Allysha Rivera Carissa Amador Esteban Amador Tahsaani Clayton Josie Coleman Kayden Nguyen

10-year award

Aydin Shek

20 Year Award

Andrew Moore

**Attention Parents and Students!
Monthly Tuition's to increase Jan 2020 Friendly Reminder
See New Brochures!**

Please note that Tibon's Goju Ryu due to new state requirements for employee training compliances, and ever cost of operating expenses to maintain our business, we unfortunately must raise our monthly tuition, and new business laws **starting January 1, 2020**. The increase will amount to an **additional \$5.00 per month** more per students, which amounts to **only 62 cents a class, less than a can of soda**. I certainly hope this doesn't present a hardship to anyone, and please realize we always try very hard to give you more than your value in instruction and investment into your family member in traditional karate and Kobudo instruction. **Take advantage of the 3-month, 6-month, 9-month, 12-month for substantial savings, that will not increase at this time.**



November 10th, 2019 Sensei Bernard Edwards Karate Tournament San Mateo, CA



Ellis Chen gold medal in men's black belt Kata, and gold medal in men's black belt traditional long weapons

Angelina Nguyen gold medal girls 13-14 yr old black belt Kata, gold medal girls 13-14 yr old black belt Kumite, gold medal in traditional short weapons.

Chris Gong gold medal boys black belt 14-17 yr old Kumite(fighting), gold medal 13-14 yr old black belt Kata, silver medal in traditional long weapons

Zoe Harrison gold medal 9-10 yr old mixed rank Intermediate Kata (forms), and gold medal in 8-10 yr old Taikyoku Kata.

Gio Montez gold medal mixed 7 yr old color belt Taikyoku Kata, and gold medal in boy 7-8 yr old boy's Kata.

Aydin Shek gold medal in 15-17 yr old brown belt Kata, gold medal in 15-17 yr old brown belt Kumite, silver medal in traditional short weapons, and bronze in traditional long weapons.

Sydney Tran silver medal mixed rank 7-8 yr old Kata, and silver medal in mixed rank 7-8 yr old Kumite

Cat Vaughn silver medal women's brown belt Kata, and silver medal women's brown belt Kumite.

Neyhon Saaveda gold medal boys 13-14 yr old beginning Kata, and bronze medal in boy's 13-14 yr old Kumite



**Tibon's Goju Ryu Annual Christmas Talent Show Potluck Party
Looking for Signups for Music, Dance, and Talent outside of Karate
Carson Oaks Community Church
December 21st Saturday 4pm-8pm**

Below are some examples of past year's Talent Shows



Signup with Yvonne Tibon for Vohn Hosey at the Front Counter (209) 465-0943



Tibon's Goju Ryu Karate
35th Annual Winter IN HOUSE Karate Championships Registration Flyer
Lincoln High School Gymnasium
6844 Alexandria Pl, Stockton
December 8nd, 2019 Sunday



Spectator option – Can Food Drive 1 –Canned Turkey or Canned Ham Adult Admission or 10 – Can Foods for Adult and 5 – Cans for Child Admission to help the needy in the Stockton Community

Register ONLINE NOW LIVE at: www.karateTmaster.com

Be a part of the “Kick A Thon” Fundraiser for
St. Jude’s Children’s Hospital!

<https://www.youtube.com/watch?v=XNaGM5oBrAQ>

<https://www.youtube.com/watch?v=TmUT4-wtLM0&feature=youtu.be>

Opening Ceremony with Stockton Bukkyo Taiko Dan Demonstration, Karate Demo, and Grand March
GRAND MARCH AND OPENING CEREMONY BEGINS PROMPTLY AT 9:30AM *Competition starts at 10:00am:* Purpose of this tournament is to give the students an opportunity to develop their competition skill in Karate without having to travel across the world. Many of our students have developed as National, International, Pan-American and World Champions. This competition allows the students to compete in a comfortable atmosphere and have a great learning experience. Confident and knowledgeable referees will judge the competition. **Register**
ONLINE no later than December 7th, 8pm, and deadline for at dojo register papers is Dec. 6th

News from Tibon's Goju Ryu Fighting Arts Branch Karate Programs

United Bay Area Karate Club
Sensei Joane Orbon Chief Instructor



After a broken ankle and missing the USA Team Trials taking Sensei Joane Orbon out of the chance to qualify for the 2020 Olympic Summer Games in Tokyo, Japan. The USA Team Administrator's didn't allow Joane to come back to qualify in January in Chicago for the last 2020 Olympic Games qualifier in Paris, France in April her hopes with the USA Team representation were gone. But Sensei Joane Orbon not giving up and her training to get in shape answered the call from the Philippines National Karate Federation offered her a spot-on Team Philippines if she could win a first-place position at the Philippines Team Trials. Both of Sensei Joane's parents are both born in the Philippines and so Joane has a Dual Citizenship, and is qualified to compete **for Team Philippines in Paris, France in April 2020 to have a last shot of winning a gold medal there to be selected to the 2020 Olympic Summer Games in Tokyo, Japan in July 24, 2020.** Sensei Joane is representing Team Philippines at the **2019 Sea Games (South East Asian Games)** in Manilla December 8th same day as our Tibon's Goju Ryu 35th Winter In House Karate Championships. This competition is the same as the Pan-Am Games but is Asia's version. Countries in the competition are the best from each country in the world are:

Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, East Timor and Vietnam.

We are so proud of our Sensei Joane Orbon, who dealt with difficulties with injuries, but refuses to give up her dream to win a spot on the 2020 Olympic Summer Games in Tokyo, Japan. Good Luck Sensei Joane

Note Sensei Joane's Dojo Grand Opening will be in December January due to remodeling inspections by City of San Jose.

Stockton GymStars
Sensei Asa Thurston Chief Instructor
Sensei Brianna Udermann Assistant



This past month all the students have been practicing the different divisions for the upcoming In-house Tournament at Lincoln High School and although not of the students will be attending the event all of them are having a lot of fun with the competition in class. I hope to have more and more sign up in the coming weeks so they can gain the experience of coming a tournament.

We had students Kirsten Russo and Natalie Young receive their new ranks after preforming both fantastic tests in October they waited a long time and worked extremely hard to pass their tests and even had to wait another month to receive their belt and certificate. Many students dont like the wait but it is well worth it unlike most karate schools our ranks are JKF certified and recognized in over 200 countries, so they know when they get that belt they earned it.



Modesto GymStars
Sensei Eric Bojoc Chief Instructor
Sensei Chris Inman Assistant

Matt Hernand is a 3rd stripe brown belt and has been doing karate for 11 years. During this time, he has also achieved a black belt in Shotokan while living abroad. He is a part of the IB program at Modesto High and world hard to achieve great grades while developing himself through karate. Through karate Matt has learned to always push himself to give it his all and never give up. Matthew will now be testing for his Sr. Sho Dan Ho Candidate Black Belt in Goju Ryu Uchiage Kai December 7th.



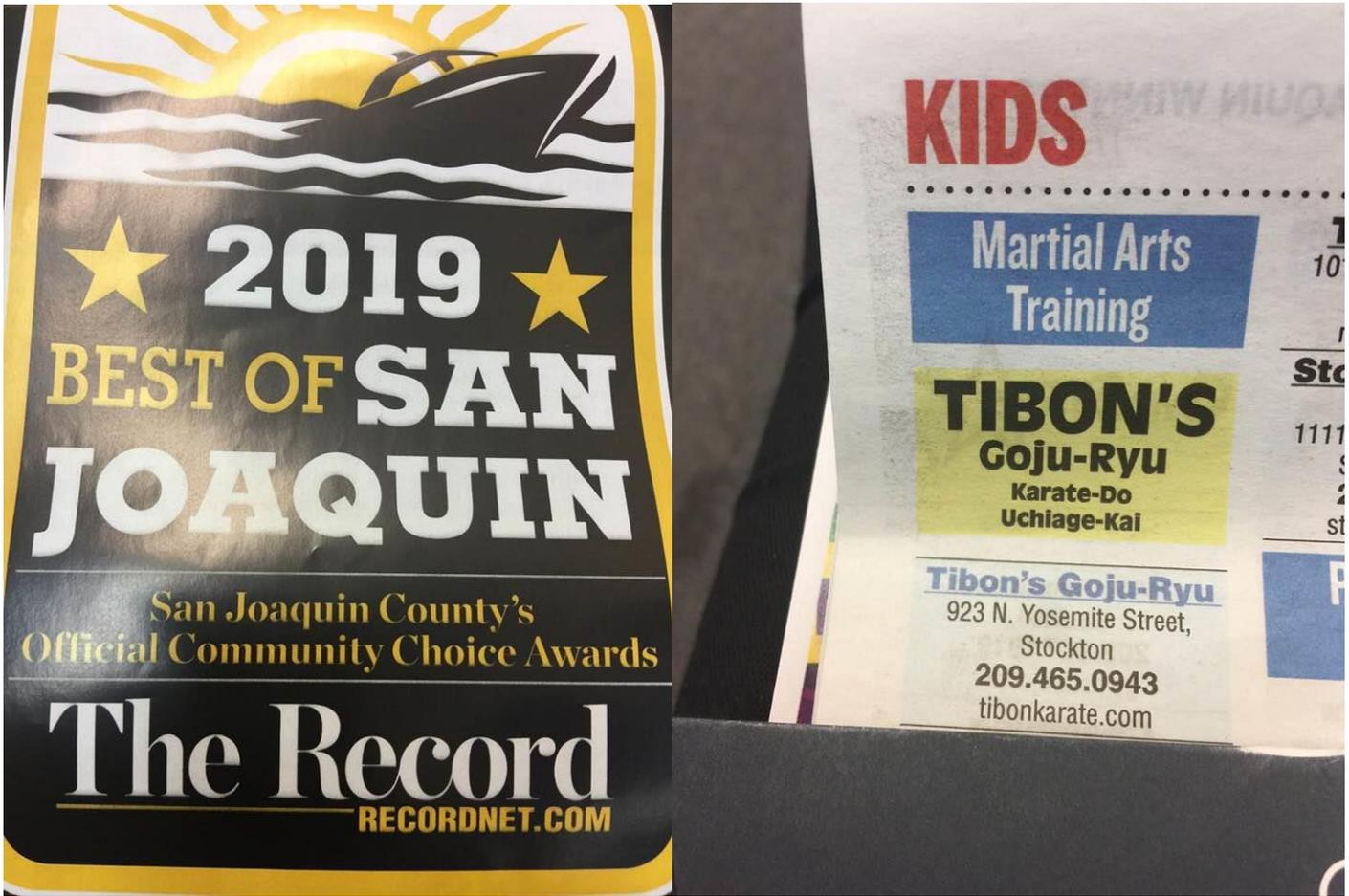
Hiers Goju Ryu
Sensei Chris Hiers Chief Instructor
Sempai Maddie Hiers Assistant
Hiers Karate School celebrates 24 years



On October 30th we had our first Halloween costume day. Most of our kids dressed up in their favorite costumes and showed up to class. The kids were surprised to see that a storm trooper would be instructing their class on this day. Everyone pitched in with treats and we played games and had a great time. A special thanks to one of our students, Noah Dowling for coming up with the idea. We will be doing this again next year.



**Tibon's Goju Ryu Fighting Arts Wins the Gold Medal 1st Place Position for
"Best in San Joaquin" for "Best in Martial Arts Training"
San Joaquin Official Community Choice Awards**



Tibon's Goju Ryu Fighting Arts Karate would like to thank all our Karate Instructor Staff, Front Counter, and Office Staff for your hard work in always providing world class service by always giving your best in training to our students and families. Your incredible Karate Demonstrations of our Goju Ryu Style of Karate to the Community during Festivals at various Parade's and Church Festivals have entertained thousands in 2019.

Thank you to all of those who voted Tibon's Goju Ryu Fighting Arts the Best in San Joaquin in both the Stockton Record and San Joaquin Magazine as the "Best in San Joaquin" for Martial Arts Training for the past 12 years!



Sensei's Corner

Goju Ryu History and Affiliations

Our students and parents most of the time don't realize that their family's karate member of Tibon's Goju Ryu Fighting Arts is the Western United States Headquarters for Goju Ryu Uchiage-kai International Organization, member of the Japan Karate Federation (JKF), which recognizes our ranking level in over 200 countries around the world. So we have a lot to be proud of and why we are so strict in our students karate development. Below are the organizations we are affiliated with and information.

The development of Gōjū-ryū goes back to [Higaonna Kanryō](#), (1853–1916), a native of [Naha, Okinawa](#). Higaonna began studying [Shuri-te](#) as a child. He was first exposed to martial arts in 1867 when he began training in [Luohan](#) or "Arhat boxing" under [Arakaki Seishō](#), a fluent Chinese speaker and translator for the court of the [Ryukyu Kingdom](#).^[2]

In 1870, Arakaki went to [Beijing](#) to translate for Ryukyuan officials. It was then that he recommended Higaonna to Kojo Taitei, under whom Higaonna began training.

With the help of Taitei and a family friend, Yoshimura Chomei (who was an Udon or Prince) Higaonna eventually managed to set up safe passage to China, lodging, and martial arts instruction. In 1873 he left for [Fuzhou](#) in [Fujian, China](#), where he began studying Chinese martial arts under various teachers.^{[3][4]}

[Higaonna Kanryō](#), c. early 1900s

In 1877 he began to study under [Ryū Ryū Ko](#). Tokashiki Iken has identified him as Xie Zhongxiang, founder of Whooping Crane Kung Fu. Zhongxiang taught several Okinawan students who went on to become karate legends.^[5] However, since Ryū Ryū Ko had died by 1915 when Chojun Miyagi went to Fuzhou in search of him, and Xie Zhong Xiang died in 1926, the two may not be the same person.

Higaonna returned to Okinawa in 1882 and continued in the family business of selling firewood, while teaching a new school of martial arts, distinguished by its integration of *gō-no* (hard) and *jū-no* (soft) [kenpō](#) into one system. Higaonna's style was known as a type of Naha-te. Naha-te included other earlier teachers such as Arakaki Seisho and the Kojo family style.

Okinawan martial arts refers to the [martial arts](#), such as [karate](#), [tegumi](#) and [Okinawan kobudō](#), which originated among the indigenous people of [Okinawa Island](#). Due to its central location, Okinawa was influenced by various cultures with a long history of trade and cultural exchange, including [Japan](#), [China](#) and [Southeast Asia](#), that greatly influenced the development of martial arts on Okinawa. In 1429, the three kingdoms on Okinawa unified to form the [Kingdom of Ryukyu](#). When King [Shō Shin](#) came into power in 1477, he banned the practice of martial arts. Tō-te and Ryukyu kobudō (weaponry) continued to be taught in secret.^[1] The ban was continued in 1609 after Okinawa was invaded by the [Satsuma Domain](#) of Japan. The bans contributed to the development of kobudō which uses common household and farming implements as weaponry. The Okinawans combined Chinese martial arts with the existing local variants to form *Tōde* (唐手 *Tuudii*, Tang hand, China hand), sometimes called *Okinawa-te* (沖縄手 *Uchinaa-dii*).^[2]

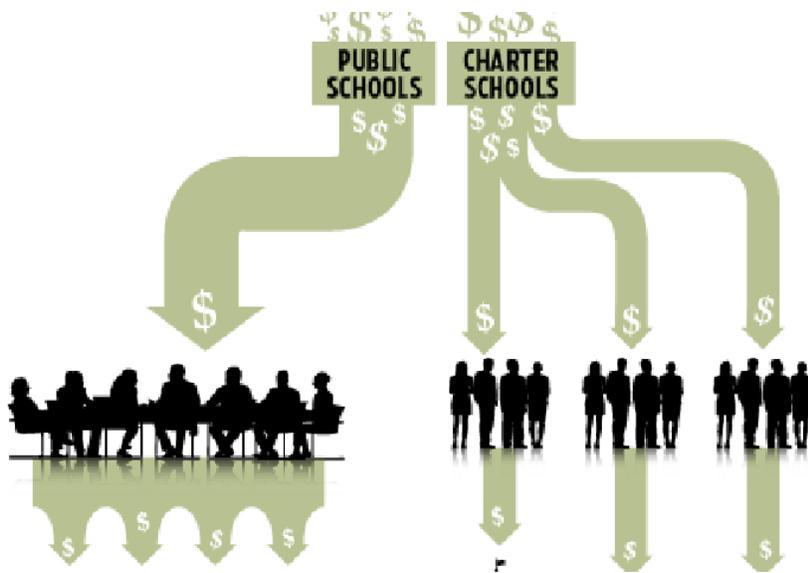
By the 18th century, different types of *Te* had developed in three different villages – [Shuri](#), [Naha](#) and [Tomari](#). The styles were named Shuri-te, Naha-te, and Tomari-te, respectively.

Well into the 20th century, the martial arts of Okinawa were generally referred to as *te* and *tii* 手 in [Japanese](#) and [Okinawan](#) for "hand". *Te* often varied from one town to another, so to distinguish among the various types of *te*, the word was often prefaced with its area of origin; for example, Naha-te, Shuri-te, or Tomari-te.

Shuri-te, Naha-te and Tomari-te belong to a family of martial arts that were collectively defined as *Tode-jutsu* or *To-de*.^{[3][4]}

Karate (*Okinawa-te* or *Karate-jutsu*) was systematically taught in Japan after the [Taishō](#) era (after 1926).^[5]

The **Japan Karate Federation (JKF)**, a.k.a. Japan Karatedo Federation, is a national governing body of [sport karate](#) in Japan.^{[1][2]} The JKF is officially affiliated with the [Japan Olympic Association](#) (JOC), [World Karate Federation](#) (WKF), [Japan Sports Association](#) (JSA) and [Japanese Budō Association](#) (JBA).^[2] The styles recognized by the JKF are [Wadō-ryū](#), [Shotokan](#), [Shito-ryu](#) and [Goju-ryu](#).^[3] The headquarters is located in Tokyo, Japan. Over 200 Countries for jurisdiction.



Charter School Students

Tibon's Goju Ryu Fighting Arts Karate is accepted by Most Charter Schools in San Joaquin For P.E. Alternative School Program

Check Your Charter School to see if they will fund your Karate Lessons at Tibon's Goju Ryu Fighting Arts Karate Studio – (209) 465-0943

We are currently working with the following:

Connecting Waters Charter School

Visions in Education Charter School

New Jerusalem Elementary Charter Program

Pacific Charter Institute Charter Program

Rio Valley Charter School

St. Mary's High School P.E. Alternative Grades

Lincoln High School X-Sports Program

